

# Blessed be the Lord...



## A 105-Day Reading Plan of the Psalms

### Suggestions

#### Supplies:

- ~ "Blessed be the Lord" Psalm Reading Plan
- ~ Bible or Bible app
- ~ Journal or Notebook and pen

#### Using this Printable:

Add the title "Thank you, Father, that You..." to the beginning of your notebook.

As you read through the Psalms, create a list of attributes and characteristics of God. There is no right answer.

I found this webpage to be helpful in my study of Psalms. [https://www.blueletterbible.org/Comm/smith\\_chuck/StudyGuides\\_Psalms/Psalms.cfm](https://www.blueletterbible.org/Comm/smith_chuck/StudyGuides_Psalms/Psalms.cfm)

All Scripture from NIV.  
Holy Bible, New International Version. Grand Rapids: Zondervan House, 2011.

### Journal Example

Thank you, Father, that You...

- 1:1 Bless those who do not walk in step with the wicked, stand in the way sinners take, sit in the company of mockers  
1:2 Bless those who delight and mediate on Your law  
1:3 Cause those who abide to produce fruit  
1:4-5 Judge the wicked  
1:6 Watch over the way of the righteous

### Attributes vs Promises

It is easy to confuse God's attributes (who He is) with His promises (what He does), but this can mislead us to believe that God will always make everything better because of His promises (prosperity gospel). As you read through the Psalms, remember that while God is Sovereign, we live in a sinful world. Sometimes going through a storm is what is best for us. What brings us hope is that even if God doesn't decide to deliver us, His character doesn't change and in the end He will prevail.

## Welcome

A few months ago, I asked those in the [SISTERS group](#) what they were studying in their daily Quiet Times. Carrie shared, "I'm going through Psalms and writing down the attributes of God." I loved the idea and asked for more details.

Using her suggestions I created this printable to guide Parenting to Impress blog subscribers through reading the Psalms.

Provided in this printable is a 105-day reading plan dividing Psalms into approximately 23 verses of reading per day. Also included are 18 Bible verses cards to post around your home and memorize.

The book of Psalms contains 150 chapters or psalms but is also divided into 5 books. In my study I found it interesting that the last verses of each book in the New King James version begin with "Blessed be the Lord..." The final book is the only exception with the verse "Let everything that has breath praise the Lord."

The writers desire us to bless and praise the Lord for who He is. The key words from the ending verses are the column titles for each of the books on the Reading Plan.

I pray that as you study the characteristics of God that you will end with continued praising of the Lord.

-- heidi

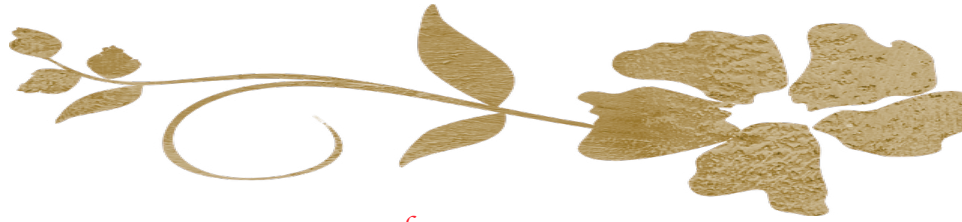
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[www.ParentingtoImpress.com](http://www.ParentingtoImpress.com)

...from Everlasting  
to Everlasting.

- 1 Psalms 1-2
- 2 Psalms 3-4
- 3 Psalms 5-6
- 4 Psalm 7
- 5 Psalms 8-9
- 6 Psalm 10
- 7 Psalms 11-12
- 8 Psalms 13-15
- 9 Psalms 16-17
- 10 Psalm 18
- 11 Psalm 19
- 12 Psalms 20-21
- 13 Psalm 22
- 14 Psalms 23-24
- 15 Psalm 25
- 16 Psalms 26-27
- 17 Psalms 28-30
- 18 Psalm 31
- 19 Psalms 32-33
- 20 Psalm 34
- 21 Psalm 35
- 22 Psalms 36-37:11
- 23 Psalm 37:12-40
- 24 Psalms 38-39
- 25 Psalms 40-41

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# Blessed be the Lord...



...forevermore.

...who only does  
wondrous things.

- 26 Psalms 42-43
- 27 Psalm 44
- 28 Psalm 45
- 29 Psalms 46-47
- 30 Psalm 48
- 31 Psalm 49
- 32 Psalm 50
- 33 Psalm 51
- 34 Psalms 52-24
- 35 Psalm 55
- 36 Psalms 56-57
- 37 Psalms 58-59
- 38 Psalms 60-61
- 39 Psalms 62-63
- 40 Psalms 64-65
- 41 Psalms 66-67
- 42 Psalm 68
- 43 Psalm 69
- 44 Psalms 70-71
- 45 Psalm 72

- 46 Psalm 73
- 47 Psalm 74
- 48 Psalms 75-76
- 49 Psalm 77
- 50 Psalm 78:1-33
- 51 Psalm 78:34-72
- 52 Psalm 79
- 53 Psalm 80
- 54 Psalms 81-82
- 55 Psalms 83-84
- 56 Psalm 85
- 57 Psalms 86-87
- 58 Psalm 88
- 59 Psalm 89:1-29
- 60 Psalm 89:30-52

...Let all the people  
say "Amen."

- 61 Psalm 90
- 62 Psalm 91
- 63 Psalms 92-93
- 64 Psalm 94
- 65 Psalms 95-96
- 66 Psalms 97-99
- 67 Psalms 100-101
- 68 Psalm 102
- 69 Psalm 103
- 70 Psalm 104
- 71 Psalm 105:1-25
- 72 Psalm 105:26-45
- 73 Psalm 106:1-23
- 74 Psalm 106:24-48

...Praise the Lord.

- 75 Psalm 107:1-22
- 76 Psalm 107:23-43
- 77 Psalm 108
- 78 Psalm 109
- 79 Psalms 110-111
- 80 Psalms 112-113
- 81 Psalms 114-115
- 82 Psalms 116-117
- 83 Psalm 118
- 84 Psalm 119:1-24
- 85 Psalm 119:25-48
- 86 Psalm 119:49-72
- 87 Psalm 119:73-96
- 88 Psalm 119:97-120
- 89 Psalm 119:121-144
- 90 Psalm 119:145-176
- 91 Psalms 120-122
- 92 Psalms 123-125
- 93 Psalms 126-129
- 94 Psalms 130-133
- 95 Psalms 134-135
- 96 Psalm 136
- 97 Psalms 137-138
- 98 Psalm 139
- 99 Psalms 140-141
- 100 Psalms 142-143
- 101 Psalm 144
- 102 Psalm 145
- 103 Psalms 146-147
- 104 Psalm 148
- 105 Psalms 149-150

# Psalms Reading Plan

Blessed be the Lord...

I will give thanks to you, LORD, with all my heart; I will tell of all your wonderful deeds.

Psalm 9:1

Blessed be the Lord...

I keep my eyes always on the LORD. With him at my right hand, I will not be shaken.

Psalm 16:8

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Blessed be the Lord...

The LORD is my light and my salvation—whom shall I fear? The LORD is the stronghold of my life—of whom shall I be afraid?

Psalm 27:1

Blessed be the Lord...

The LORD gives strength to his people; the LORD blesses his people with peace.

Psalm 29:11

Blessed be the Lord...

LORD my God, I called to you for help, and you healed me.

Psalm 30:2

Blessed be the Lord...

The LORD is close to the brokenhearted and saves those who are crushed in spirit.

Psalm 34:18

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Blessed be the Lord...

God is our refuge and strength, an ever-present help in trouble.

Psalm 46:1

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Blessed be the Lord...

Cast your cares on the LORD and he will sustain you; he will never let the righteous be shaken.

Psalm 55:22

Blessed be the Lord...

I lift up my eyes to the mountains—where does my help come from? My help comes from the Lord, the Maker of heaven and earth.

Psalm 121:1-2

Blessed be the Lord...

Yes, my soul, find rest in God; my hope comes from him. Truly he is my rock and my salvation; he is my fortress, I will not be shaken.

Psalm 62:5-6

Blessed be the Lord...

Trust in the Lord and do good; dwell in the land and enjoy safe pasture. Take delight in the Lord, and he will give you the desires of your heart.

Psalm 37:3-4

Blessed be the Lord...

I waited patiently for the Lord; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand.

Psalm 40:1-2

Blessed be the Lord...

The heavens declare the glory of God; the skies proclaim the work of his hands.

Psalm 19:1

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Blessed be the Lord...

“Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”

Psalm 46:10

Blessed be the Lord...

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

Psalm 139:14

Blessed be the Lord...

Wait for the LORD; be strong and take heart and wait for the LORD.

Psalm 27:14

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Blessed be the Lord...

The LORD delights in those who fear him, who put their hope in his unfailing love.

Psalm 147:11

Blessed be the Lord...

You, Lord, are forgiving and good, abounding in love to all who call to you.

Psalm 86:5

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