



## Items Needed:

Items Needed may be substituted.

*Below are suggested supplies which may be substituted with items you already own. Worksheets are found in the 3 Year Workbook, while the ABCJLM Interactive Bible Stories are a Digital Download. Both are available to order on the ABCJLM website.*

### Worksheets:

- First Day of Preschool
- Objective Poster
- Memory Verse Cards
- Letter Aa
- Number 0
- Caterpillar
- Creation Days 1-3

### Books:

- Bible
- The Beginner's Bible* - pg 7
- ABCJLM Interactive Bible Story
- Letter A Book
- Barnyard Dance*

### Supplies:

- Tactile Letters Aa
- Tactile Number 0
- Dry Erase Pocket or Picture Frame
- Dry or Wet Erase Marker
- Charlie Church Mouse CD-Rom (optional)
- Farm Animal Stickers
- Black Fingerpaint
- Black Play Dough
- Black Watercolor
- Paper
- Black Broken Crayon
- Scissors
- Paint Brush

The Daily Schedule can be expanded or contracted to as many days needed. The schedule is simply a guide to get you started. All activities are suggestions. Pick and choose activities that the child(ren) would enjoy and fit into your schedule. As much as possible, pull the learning from play time, craft time, and daily activities.

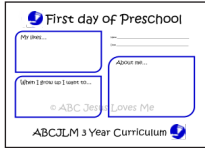
## Daily Schedule:

*The 3 Year Curriculum introduces the child to learning, and the objectives are the learning goals that you will introduce to the child over one week's time. All focused objectives do not need to be covered each day but can be spread throughout the week in the following manner. As much as possible, throughout the week pull the learning from the play and activities that the child is doing. More ideas: [tinyurl.com/incorporate-learning](http://tinyurl.com/incorporate-learning)*

Objective	Day 1	Day 2	Day 3
Bible Story	Creation Days 1-3 Interactive Story	Vertical Painting	Questions
Verse	Genesis 1:1 (NIV) - In the beginning God created the heavens and the earth.		
Bible Song	This is the Day	This is the Day	This is the Day
Math	Black Song	Caterpillar	Colors in Clothing
Number	0 Tactile Number	Play Dough	Color
Letter	Aa Letter Book/Tactile Letters	Play Dough	Stickers
Rhyme	Baa, Baa Black Sheep	Rhyming	Baa, Baa Black Sheep
Book	Picture Walk	Vocabulary	
Name	Name Labels	Name Labels	Name Labels
Motor Skill	First Day of Preschool Poster	Objective Checklist	Barnyard Dance



## Teaching Tips:



### First Day of 3 Year Curriculum:

Use the First Day of Preschool worksheet to create a precious photo op to remember today. Be sure to tag #ABCJLM or @ABCJesusLovesMe when you post the image on social media!

### How to Teach:

Teaching a child a new concept can be daunting. *Where do I begin? What do I say? When do I say it? How do I get a child to sit still?* Find out the answers to these question here: [tinyurl.com/ABCJLM-how-to-teach](http://tinyurl.com/ABCJLM-how-to-teach)

### Week 1:

Preschools: To set up for a successful year of learning, I encourage you to spread Week 1 over a two-week period. Use the extra time to set expectations for behavior, routines, and learning.

### Teachable Moments:

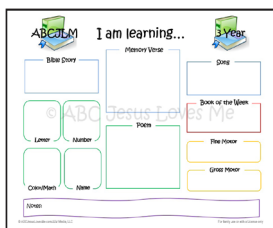
Throughout the Lesson Plans are Teachable Moment ideas. These ideas allow you to sneak learning in at teachable moments rather than manufacturing the moments. *More info:* [tinyurl.com/ABCJLM-teachable-moments](http://tinyurl.com/ABCJLM-teachable-moments)

### Broken Crayons:

Through out the curriculum, it will be suggested that a child use a broken crayon to color and write. Occupational therapists have discovered that broken crayons (under 1" in length) force a child to correctly hold a writing utensil so no bad habits are developed. The ending goal is that the child will hold a utensil with her thumb and index finger while supporting it on the middle finger. Read more handwriting tips here - [tinyurl.com/holding-pencil](http://tinyurl.com/holding-pencil)

### Additional Ideas:

The ABCJLM website is filled with additional ideas that time doesn't allow to be added to this curriculum. Check out color, math, shape, reading, Bible story ideas, and more under Supplemental Ideas on ABCJesusLovesMe.com.



### "I am Learning" Objective Poster:

The Objective Poster (available in the 3 Year Workbook) helps you track what the child is to be introduced to (the objectives) and incorporate the objectives into daily activities and play. Transfer the weekly objectives to the poster and hang it in a prominent place to remember the objectives. By placing the poster in a dry erase pocket or a picture frame and using a dry or wet erase marker, the sheet is reusable each week. Preschools may share these with parents each week to continue learning at home.

### Name Activity: Name Labels

In the 3 Year Curriculum, the child will be taken through a specific process to learn how to successfully write his first name. Begin this week by introducing the child to his name in print. Using large, print letters, write the child's name using upper and lowercase letters. Tape a name label on the child's items (e.g. bedroom door, above towel, cubby or hook, table). Throughout the day point to the label and explain to the child that the letters spell his name. Periodically ask the child what the name label says. *To help the child be successful, it may help to shorten some children's names (e.g. Benjamin to Ben).*



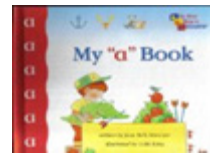
## Pre-Writing Numbers and Letters:

**Tactile Numbers and Letters:** Tactile numbers and letters (also called sandpaper or textured) are key to the 3 Year Old Curriculum. Because many 3-year-olds do not have the fine motor skills for handwriting activities, this curriculum emphasizes tracing the numbers and letters with the child's finger. Using the roughness of sand, glitter, or yarn adds one more aspect of learning. The ABCJLM website contains a plethora of simple ideas to make or purchase your own tactile letter set. As the child traces the tactile numbers and letters, be sure to say the Number Rhyme and Letter Formation Chants. This helps the child learn the correct formation. All numbers and letters are formed from top to bottom, left to right, and counter clockwise. All *More info: [tinyurl.com/ABCJLM-tactile](http://tinyurl.com/ABCJLM-tactile)*

**Play Dough Numbers and Letters:** A tactile way to teach the child the formation of each number is to create play dough numbers and letters on the Number and Letters Posters. Teach the child to roll the play dough in long snakes and use the poster underneath to form the number or letter. *If the play dough sticks to the worksheet, place it in a plastic protector.*

**Process Art:** To introduce the child to several art media, counting, and phonetic sounds, the child will create both a Number and Letter Art Book throughout the curriculum. Focus on the process of the art and not the end result.

**My First Steps to Math and My Firsts to Reading Books:** These two series by Jane Moncure are the best books which I have found for teaching numbers, letter, and phonetic sounds. Sadly these books are no longer in print, but I encourage you to search for these books at your library, on Amazon or Ebay, and in used book stores. They are that good!



**Advanced Option:** If the child is ready for basic writing of numbers and letters but is not ready for the intensity of the 4 Year Curriculum, use the Number and Letter Posters to teach the correct formation. Add green and red dots to the posters and use the Number Rhymes and Letter Formation Chants. Using broken crayons, encourage the child to stay between the lines when forming each.

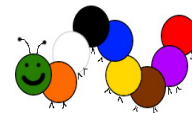


## Math:

Under the Math objectives the child will be introduced to nine colors, eight shapes, sorting, spatial words, and patterns. The next 11 weeks will focus on colors by creating a Color Caterpillar and singing rhyming color songs. The child will also learn numbers 0-15 through the use of tactile numbers, rhymes, play dough, activities, and number posters.

### Color: Black

*Adult: Using the Caterpillar worksheet, cut out one circle. Place the circle on a vertical surface to fingerprint it black. Save the circle for Week 11.*



Teachable Moment: Point out the color in what the child wears. *Your shirt is black.*

### Color Song Objective:

Each color contains a rhyme with actions. Frequently repeat the Color Song while doing the actions and looking at the colored item or flashcard.

Rhyming is an early literacy development and very important for preparing a child to read. Make note of how the rhyming words sound the same at the end (e.g. back/black).

### Color Song:

*Tune: Skip to My Lou*

Black, black pat your back (clap, clap, pat back)  
 Black, black pat your back  
 Black, black pat your back  
 God made beautiful colors (point up, bring arms down as rainbow))



## Math (Cont.):

### Number Poster: 0

**Tactile Number:** Assist the child is tracing the number 0 with her index finger. Always say the Number Rhyme while tracing and correctly trace the number.

**Play Dough Number:** Using the correct formation, form 0 on the Number Poster with black play dough.

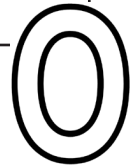
**Process Number Art:** Hang on a vertical surface the Number 0 Poster and use a black broken crayon to color it. Add no stickers to the poster.

**Teachable Moment:** Because zero can be hard concept to understand, explain that zero means none. Play a game asking the child to jump up and down, clap, and say his name zero times.

### Number Rhyme:

Around, around, around you go.  
That's the way to make zero!

*Original Source Unknown*



## Letter Writing and Phonemic Awareness:

Each week the 3 Year Curriculum will introduce an individual letter and theme to focus on the letter's formation and phonemic sound. Use of tactile letters, the ABCJLM Letter Formation Chants, and activities to promote learning.

### Letter & Theme: Aa-Animals

### Letter Formation Chants:

While teaching handwriting to my children, I realized that ten simple formations create all 26 letters of the alphabet. I created chants to show the repeat pencil movements. Say these chants each time the child forms the letter.

A - pull down, pull down, across

a - little curve, down

### Letter Poster:

**Tactile Number:** Assist the child is tracing the letters A and a with his index finger. Always say the Letter Formation Chants while tracing and correctly trace each letter.

**Play Dough Letter:** Using the correct formation, form A and a on the Letter Poster with black play dough.

**Process Letter Art:** Hang the Letter Aa Poster on a vertical surface and decorate with farm animal stickers. Focus on the /a/ sound of "animals" during this activity. *The ABCJLM website contains examples Letter Posters as well as crafts, food suggestions, books, and computer game links to help the child learn the formation and phonetic sound of the letter. Aa Ideas - ABCJesusLovesMe.com/ideas/letter-a-activities*

**Teachable Moment:** Look for Aa's in the child's name. *Preschools, place all names in the columns "yes" or "no" whether the name has the letter "Aa" in it.* Do this activity each week with the letter of the week.

### Letter Phonic Song:

These simple songs, set to the tune of "Farmer in the Dell," states each letter, sound, and an example word. Sing these songs frequently in play and activities.

A /a/ apple

A /a/ apple

/a/ /a/ /a/ /a/

A /a/ apple





## Letter Writing and Phonemic Awareness:

**Phonemic Awareness:** Phonemic Awareness is the ability to hear, identify, and manipulate individual sounds. Each week will include a Nursery Rhyme or fingerplay to work on beginning and ending sounds of words. Because this awareness is critical for reading and spelling, it is important to cover the suggested rhymes included in this curriculum. Introduction is the goal and any understanding and retention is a fun bonus.

**Optional Addition:** 3 Year Poem Cards are available as a digital download. Separate, hole punch, and bind together for easy access and mobility.

### Rhyme: Baa, Baa, Black Sheep *Traditional*

Baa, baa, black sheep (hammer fists together)  
 Have you any wool? (shrug shoulders)  
 Yes sir, yes sir (shake head)  
 Three bags full (raise three fingers)

One for the master (one hand out)  
 One for the dame (other hand out)  
 And one for the little boy (hands show little)  
 Who lives down the lane (sway hands to create a lane)

*Repeat first four lines*

### Rhyme Activity:

Rhyming: wool/full

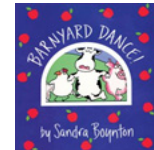
See Fine Motor Skill Activity

### Book of the Week: *Barnyard Dance* by Sandra Boynton

Professionals agree that children should be read to at least 15 minutes a day. Each week the child will be introduced to a quality picture book to supplement other learning and for pre-reading exposure. Read the book at least once a day.

Picture walk through the book prior to reading and ask the child to point to named animal or ask the child to name each animal (if ready). Discuss each animal's sound. *More Info:* [tinyurl.com/book-picture-walk](http://tinyurl.com/book-picture-walk)

Activity: See Gross Motor Activity



### Vocabulary:

Discuss action words: stomp, bow, etc.



## Bible:

The goal of the 3 Year Curriculum is to introduce the child to stories in the Bible. The Items Needed section includes page numbers to *The Beginner's Bible* (when available), but any quality children's Bible may be used. For variety, you may desire to read the same story from several Bibles. See my favorite Children's Bibles – [tinyurl.com/choosing-bible](http://tinyurl.com/choosing-bible) Always read the Scripture for yourself to make sure you know the facts of the story. Another way to further Bible learning is to tell the story in an interactive way. The ABCJLM Interactive Bible Stories provide you with an age-appropriate script to actively include the child in the story. Offered as a digital download, this supplemental product may be purchased on the ABCJLM website. Comprehension questions listed in the Daily Schedule can also be found in the Interactive Bible Stories Digital Download.

### Story: Creation Days 1-3, Genesis 1:1-13

### Activity:

See Fine Motor Activity

Additional Creation ideas available on the ABCJLM website: [ABCJesusLovesMe.com/ideas/creation](http://ABCJesusLovesMe.com/ideas/creation)



Optional: Play the "Creation" adventure on the Charlie Church Mouse Preschool Cd-Rom. Read more at [tinyurl.com/charlie-churchmouse](http://tinyurl.com/charlie-churchmouse)



## Bible (cont.):

### Bible Song Objective:

The Bible songs chosen are old "Sunday School" favorites. If the song is not familiar to you, any Bible song may be used. Or, most songs can be found on Amazon through MP3 download. It is best to learn the song yourself and then slowly teach the song in small sections.

**Optional Addition:** 3 Year Bible Song Cards are available as a digital download. Separate, hole punch, and bind together for easy access and mobility.

### Song: This is the Day *Traditional*

This is the day (point down)  
(echo) This is the day  
That the Lord has made (point up)  
(echo) That the Lord has made  
I will rejoice (wave arms)  
(echo) I will rejoice  
And be glad in it (point to your smile)  
(echo) And be glad in it  
This is the day that the Lord has made (clap)  
I will rejoice and be glad in it  
This is the day (point down)  
(echo) This is the day  
That the Lord has made (point up)

### Memory Verse Objective:

Each week includes a simple memory verse. Help the child memorize at least the key words. *More ideas:* [tinyurl.com/memory-verse-video](http://tinyurl.com/memory-verse-video)

*Optional Addition:* Available in the 3 Year Workbook, the Memory Verse Cards are a wonderful tool to practice the memory verses wherever you are. Separate, hole punch, and bind together for easy access and mobility.

### Memory Verse: Genesis 1:1

*Tune: Are You Sleeping*

In the beginning, in the beginning (hammer fists)  
God created, God created (point up)  
The heavens and the earth (wave arms, form circle with arms)  
The heavens and the earth  
Genesis 1:1, Genesis 1:1 (form book with hands)



## Development:

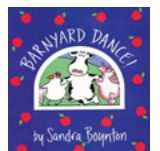
Fine motor skills are activities that improve one's ability to write and manipulate small objects. Gross motor skills involve large muscle movement (e.g. running, jumping, hopping etc.). These skills are important for pencil control, balance, and coordination. Each Lesson Plan includes an activity to improve the child's fine and gross-motor skills. Also, refrain from using markers or pens in activities as they do not strengthen fine and gross motor skills as much as crayons, painting, and pencils.

### Fine Motor Skills: Vertical Painting

Children develop fine skills best when they work on a vertical surface. While holding a writing utensil or brush against a vertical surface, extra muscles in the wrist and hand are strengthened. These same muscles are not used when writing on a horizontal surface. For this reason, place craft, writing, and drawing projects on a vertical surface as much as is feasible. This week, attach to a vertical surface the Creation Days 1-3 worksheet. *Adult: If time is allowed draw over the outlines of the worksheet with a white crayon. Paint the worksheet with black watercolor.*

### Gross Motor Skills: Barnyard Dance

This week, dance the Barnyard Dance while reading the book *Barnyard Dance* (e.g. bounce, strut, spin, trot, leap).



# 3 Year - Week 2



## Items Needed:

### Worksheets:

- Letter Bb
- Number 1
- Caterpillar
- Creation Days 4-7
- Objective Checklist

### Books:

- Bible
- The Beginner's Bible* - pg 7
- ABCJLM Interactive Story*
- Letter B Book
- Number 1 Book
- If You Give a Mouse a Cookie*

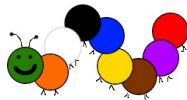
### Activities:

- Tactile Letters Bb
- Tactile Number 1
- Blue Colored Pencil
- Blue Broken Crayon
- Blue Watercolor
- Baking Ingredients (Egg)
- Small and Large Balls
- Washable Blue, Green Markers
- Blue Paint
- Paper Plate
- White Crayon
- Coffee Filter
- Paintbrush
- White Crayon
- Blue Play Dough
- Paper
- Plate
- Button
- Scissors
- Glue

## Daily Schedule:

Objective	Day 1	Day 2	Day 3
Bible Story	Creation Days 4-7 Interactive Story	Coffee Filter Activity	Questions
Verse	Genesis 1:1 (NIV) - In the beginning God created the heavens and the earth.		
Bible Song	This is the Day	This is the Day	This is the Day
Math	Blue Song	Caterpillar	Colors in Day
Number	1 Number Book/Tactile Number	Play Dough	Straight Lines
Letter	Bb Letter Book/Tactile Letters	Play Dough	Decorate
Rhyme	Humpty Dumpty	Rhyming	Egg Demonstration
Book	Picture Walk	Vocabulary	Pretend to be a Mouse
Name	Sing Name	Sing Name	Sing Name
Motor Skill		Bake	Kick

## Math:



### Color: Blue

Adult: Using the Caterpillar worksheet, cut out one circle. Color the circle with a blue colored pencil. Save the circle for Week 11.

Teachable Moment: Point out the color as the child plays. *I like your dolls dress. The dress is blue.*

### Number: 1

Tactile Number: Trace the tactile number while saying the Number Rhyme.

Play Dough Number: Form 1 on the Number Poster with blue play dough. Roll one ball of play dough to place in the box on the poster. Count and point "one."

Process Number Art: Use a blue broken crayon to draw repeated straight lines (draw 1's) on the Number 1 Poster. Glue on one button in the box on the poster.

### Color Song:

Tune: *Skip to My Lou*

Blue, blue said "choo-choo" (pull arm down)  
 Blue, blue said "choo-choo"  
 Blue, blue said "choo-choo"  
 God made beautiful colors (point up, bring arms down as rainbow)

### Number Rhyme:

Straight down and then you're done.  
 That's the way to make a one

*Original Source Unknown*





## Letter Writing and Phonemic Awareness:

Letter & Theme: Bb - Baking

Rhyme: Humpty Dumpty *Traditional*

Bb Phonics Song

Tune: *Farmer in the Dell*

B /b/ ball

B /b/ ball

/b/ /b/ /b/ /b/

B /b/ ball

Bb Letter Formations Chants:

B - body, bubble, bubble -or- bat, around the tree,  
around the tree

b - body, bubble -or- bat and a ball

\* Do not add a vowel to the end of /b/, as in /buh/

Humpty Dumpty sat on a wall

Humpty Dumpty had a great fall

All the King's horses and all the King's men

Couldn't put Humpty together again

### Letter Activity:

Tactile Letter: Trace the tactile letters while saying the Letter Formation Chants.

Play Dough Letter: Form the Bb on the Letter Poster with blue play dough.

Process Letter Art: Add a dab of blue paint on a paper plate. Demonstrate to the child how to bounce a small ball (small enough for the child to palm) in the paint and then bounce the painted ball on the Bb Poster. Sing the Phonics Song which the child paints.

### Rhyme Activity:

Rhyming Words: wall/fall, men/again (say with /e/ sound) Quickly mention how the rhyming words sound the same at the end. After covering the rhyme a few times, allow the child to complete each section with the rhyming word.

Activity: Humpty Dumpty is an egg. Demonstrate how the egg shell is cracked to use the egg white and yoke in baking. Once the egg shell is cracked, it can't be put back together just like Humpty Dumpty.

Visit [ABCJesusLovesMe.com](http://ABCJesusLovesMe.com) to Order

### Why Rhyming is Important:

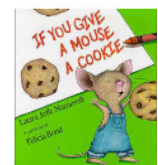
Rhyming is core to the 3 Year Curriculum and is introduced through Nursery Rhymes, poems, and books. While it may seem silly to adults, rhyming is fun for children and a very important part of reading success. A phonemic awareness skill, rhyming helps children hear and manipulate sounds in words, thus improving their oral language skills. When children become familiar with poems and books, they can anticipate rhyming words. Rhyming also helps children recognize the rhythm of language which is important for fluency and comprehension. Because of these reasons, it is very important to cover the rhymes and activities. Because children will develop at their own rates, keep introducing and discussing and one day the developmental ability will allow the child to rhyme on their own.

### Book of the Week: *If You Give a Mouse a Cookie* by Laura Joffe Numeroff

Picture walk through the book prior to reading. Discuss what is happening in each picture. Name objects in the illustrations. This activity is important for building vocabulary and comprehension. *More info:* [tinyurl.com/book-picture-walk](http://tinyurl.com/book-picture-walk)

Activity: Get on the floor and pretend to be a mouse: Crawl, eat a cookie, drink a glass of milk, take a nap, etc.

Teachable Moment: Drink a glass of milk and look for a milk mustache.



### Vocabulary:

Mustache  
Nail Scissors  
Scotch Tape  
Comfortable



# 3 Year - Week 2



Name: Sing Name

This week begin to teach the child how to spell his name using the song B-I-N-G-O. Here is one option. Point to each letter in the child's name while singing at a very slow tempo.

*There is a boy that God loves so and Fred is his name-o  
F-R-E-D, F-R-E-D, F-R-E-D  
And Fred is his name-o*



Activity: To help the child recognize his name, write the child's name in white crayon on a piece of paper. Using blue watercolor, have the child paint over the hidden word to discover his name.

## Objective Checklist:

Use the 3 Year Objective Checklist to determine what the child knows and to check for learning along the way. It is perfectly normal for a child to know none of the objectives at the beginning. *More ideas: ABCJesusLovesMe.com/ideas/objective-checklist*

## Bible:

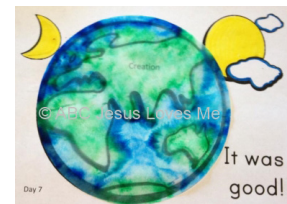
Story: Creation Day 4-7, Genesis 1:14 - 2:3

Song: This is the Day *Traditional*

This is the day (point down)  
(echo) This is the day  
That the Lord has made (point up)  
(echo) That the Lord has made  
I will rejoice (wave arms)  
(echo) I will rejoice  
And be glad in it (point to your smile)  
(echo) And be glad in it  
This is the day that the Lord has made (clap)  
I will rejoice and be glad in it  
This is the day (point down)  
(echo) This is the day  
That the Lord has made (point up)

## Activity:

*Adult: Lay a coffee filter over the earth on the worksheet and trace it with blue and green washable markers. Set the worksheet aside and hang the coffee filter on a vertical surface over a container to catch the water. Encourage the child to spray, wait, and watch the colors run. Allow to dry. Glue on top of the worksheet. Idea from Jessica*



## Memory Verse: Genesis 1:1

*Tune: Are You Sleeping*

In the beginning, in the beginning (hammer fists)  
God created, God created (point up)  
The heavens and the earth (wave arms, form circle with arms)  
The heavens and the earth  
Genesis 1:1, Genesis 1:1 (form book with hands)

## Development:

Fine Motor Activity: Bake

Baking is a wonderful way to work on fine motor skill. One recipe option is to make Kiss Cookies - a peanut butter cookie with a chocolate kiss on top. Allow the child to unwrap the candies and place them on after baking the cookies. Use this time to discuss the importance and procedure of washing hands prior to baking and eating. Give some cookies away and encourage the child to tell the gift-receiver the Bible verse. *Recipe: tinyurl.com/kiss-cookies*



Gross Motor Activity: Kick

Practice kicking a ball. Start with a large ball and progress to a smaller one. Set up a goal and take turns being goalie.