Welcome to ABCJesusLovesMe.com™

Our Motto

To equip and empower adults to be intentional and enable children to learn through play.

We Believe

Children are God's blessings. Learning is most meaningful when it is naturally woven into the day. True understanding grows through modeling, repeated exposure, and purposeful conversations. Our calling is to impress God's truths on their hearts in a loving environment that strategically allows them to explore, discover, and build knowledge (Deuteronomy 6:4-9).

I am so glad God led you here. If we haven't met, I'm Heidi, the writer and creator of this Curriculum.

What began as a need in my own family has grown into a worldwide ministry God is using to equip adults to give children a strong foundation in academics, Bible, and development.

The following sample pages share a Bible-based Curriculum created with both the developmental needs of the child and the needs of the adult in mind. ABCJesusLovesMe is designed to make learning happen through intentional play.

The goal of this ministry is twofold: to prepare children for kindergarten and to train the next generation to love God and love others for the glory of God.

If this desire is on your heart as well, know that you are not alone. I am cheering you on and honored to walk this journey with you.

Only by grace... *heidi*

3 Year Curriculum Bundle

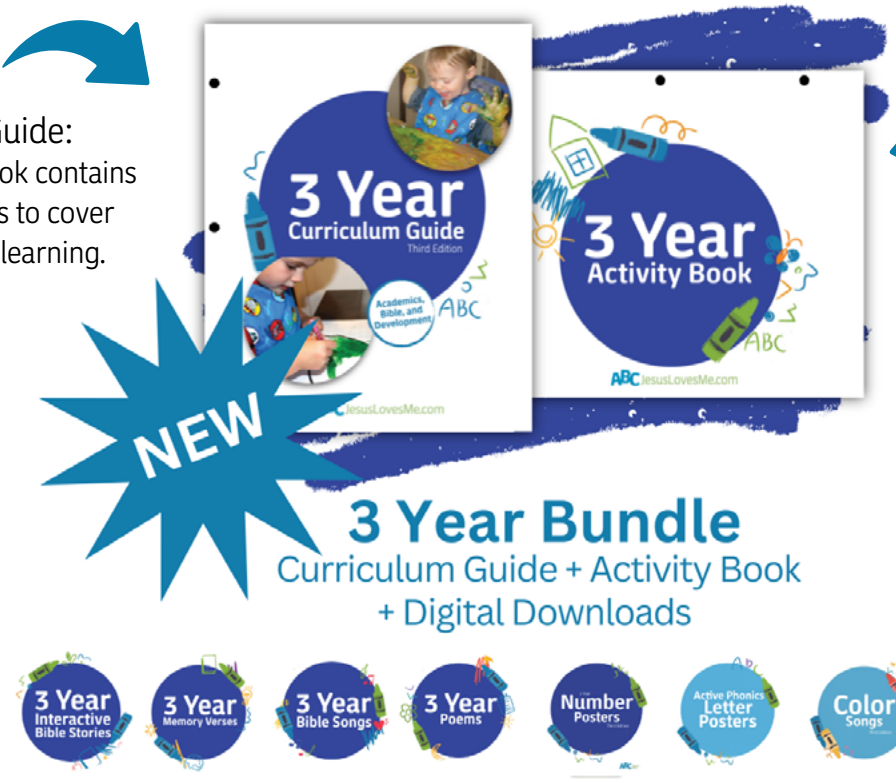
"Every child you meet is a divine appointment." – Wess Stafford

Overview

The *3 Year Curriculum Bundle, 3rd Edition* is designed for children ages 36–48 months. This Curriculum guides the adult in intentionally introducing academic, Bible, and developmental learning to the child while giving purpose to daily activities and play. Tracing letters and numbers, themed play, and developing character through Bible stories are all key components of the Curriculum.

Curriculum Guide:

This printed book contains 36 Lesson Plans to cover 9-12 months of learning.



Activity Book:

The printed book features 90 activity sheets for extended learning, fine motor skill practice, and creativity. These are not coloring sheets, but each activity sheet has a specific learning goal.

For home, preschool, or daycare use.

Interactive Bible Stories:

28 scripts provide an interactive way to share the Bible stories. Optional flannelgraph suggestions included in this Digital Download.

Other Digital Downloads Include:

- Bible Songs Packet
- Memory Verse Songs
- Poem Packet
- Color Songs Packet
- Shape Songs Packet
- Active Phonics Letter Posters
- Number Posters

All items are available as a bundle or a la carte.

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Scope and Sequence

"The art of teaching is the art of assisting discovery." – Mark Van Doren

Overview

The Scope and Sequence gives an overview of what is taught throughout the Curriculum. Each objective is carefully placed in a purposeful order, allowing the child to build understanding step by step without gaps or overload. The 3 Year Scope and Sequence provides a big picture of the academic concepts, Bible learning, and developmental skills the child will be introduced to throughout the time.

Academics			Bible	Development
Letter	**Math**	**Pre-Reading**		
Letter of the Week	9 Colors	28 Memorable Poems & Fingerplays	28 Key Bible Stories	36 Fine Motor Activities
Tracing Letters	8 Shapes	28 Classic Books and Activities	15 Short Memory Verses	36 Gross Motor Activities
Active Phonics	Spatial, Sorting, Patterns	Process Letter Art to Teach Phonetic Sound	17 Bible Songs	Writing First Name with Guides
Weekly Themes Based on the Letter of the Week (Animals, Baking, Colors, Ducks, Emotions, etc)	Process Number Art to Teach 1:1 Correspondence	Picture Walk	Activities and Crafts	Pre-Writing/Tracing
	Introduction #0-15	Rhyming		Imaginative Play
				Scissors Use

Each Curriculum is based on research, the American Academy of Pediatrics Developmental Milestones, State Preschool Standards, and input from kindergarten teachers. Every Curriculum has also been reviewed and approved by two former 1st-grade teachers with a combined almost 100 years of teaching experience. Activities and stories are “kid-approved” through testing with my own children and the children I teach.

Centers

For Preschools: Children learn best through play. Underlined activities in the Lesson Plans may be used as a learning center in the classroom. Centers offer hands-on, play-based opportunities where the child guides the learning.

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Academics

"The activities that are the easiest, cheapest, and most fun to do – such as singing, playing games, reading, storytelling, and just talking and listening – are also the best for child development." ~ Jerome Singer

Themes

Tied to the Letter of the Week, weekly themes in the *ABCJesusLovesMe 3 Year Curriculum* introduce the child to the world around them. Rhymes, process art, classic books, and developmental activities support each theme. Review weeks include optional field trip ideas and "Making Memories" activities. Below are samples of what is included in this Curriculum.

Sample Themes

- Animals
- Baking
- Colors
- Ducks
- Emotions
- Food

Literacy

Each Lesson Plan includes a Book of the Week that ties into the weekly theme. These thoughtfully chosen classic books are ideal for preschool-age children and reinforce key learning goals. Curriculum suggestions guide the adult in sparking interest in the story, supporting comprehension, encouraging imagination, and teaching the child to use visual clues while reading. Extra activities offer additional opportunities for learning and practice.

Sample Books

- *Barnyard Dance*
- *Press Here*
- *Hop on Pop*
- *Silly Sally*
- *Little Blue Truck*

Activities

- Characters
- Rhyming
- Pragmatics
- Vocabulary
- Teachable Moments

Math

- Colors & Shapes
- Sorting
- Spatial Words
- Patterns
- Counting

Poems, Song, & Rhymes

Rhyming is introduced through poems, songs, and books. While it may seem silly to adults, rhyming is fun for children and plays an important role in reading success. As a key phonemic awareness skill, rhyming helps children hear and manipulate sounds in words, strengthening their oral language. It also helps them recognize the rhythm of language, which supports fluency and comprehension. Below are some of the poems the child will enjoy learning.

- Humpty Dumpty
- Little Miss Muffet
- Jack and Jill
- Right Hand, Left Hand
- One Rock, Two Rock
- I Have 10 Fingers

Poem Packet
Digital Download

© ABCJesusLovesMe.com

Bible

The gospel is so simple that small children can understand it, and it is so profound that studies by the wisest theologians will never exhaust its riches. -Charles Hodge

Overview

The goal of the *3 Year Curriculum* is to introduce the child to stories in the Bible from Genesis to Revelation. Play-based activities and sheets are provided for the stories. As part of the bundle, the ABCJesusLovesMe Interactive Bible Stories include an age-appropriate script that lets the child actively participate. Optional flannelgraph suggestions provide extra visual and tactile learning opportunities. Comprehension questions at the end of each story provide a natural way to continue the conversation.

Interactive Bible Stories Digital Download

Memory Verses

Memory Verse Digital Download

Each week includes a simple memory verse set to a song with actions to help the child hide God's Word in his/her heart.

Sample Verses

- Genesis 1:1
- John 14:15
- Psalm 85:8a
- Luke 1:37
- Matthew 7:12b
- John 12:13b
- John 14:2
- Acts 16:31a

Songs

The Bible songs include classic "Sunday School" favorites and piggyback songs. If a song is unfamiliar, videos with actions are available at ABCJesusLovesMe.com.

Sample Songs

- Fishers of Men
- Jesus Loves Me
- Happy All the Time
- B-I-B-L-E
- My God is So Big
- O Be Careful

Bible Song Digital Download

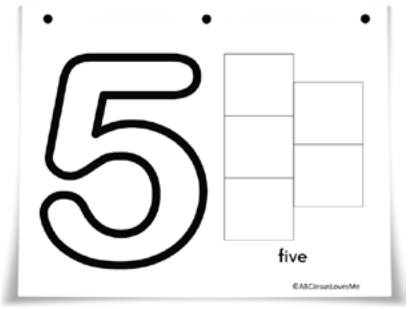
© ABCJesusLovesMe.com

Development

"Play gives children a chance to practice what they are learning." – Fred Rogers

Handwriting and Active Phonics

In the *3 Year Curriculum*, the child learns to form letters and numbers correctly through activities, formation chants and rhymes, phonics songs, and tracing. This is an important step in the pre-writing process, helping the child transition smoothly into handwriting. Activities include tactile letters and numbers, play dough formations, and process art. Entitled "Active Phonics," each letter includes an example word and an action to help the child connect the letter to its phonetic sound.



3 Year Activity Book

Name Activities

In the *3 Year Curriculum*, the child follows a step-by-step process to successfully write their first name using guides.

Motor Skills

Fine motor skills develop a child's ability to manipulate small objects and prepare for writing. Gross motor skills involve large muscle movements, such as running, jumping, and hopping, and support balance and coordination. Each Lesson Plan includes activities designed to strengthen both fine and gross motor skills. For best results, use crayons and pencils rather than markers or pens. Sample activities are provided below.

Fine Motor

- Play Dough
- Cooking
- Painting
- Draw Self & Family
- Draw What I Draw
- Scissors Use
- Puzzles
- Fingerpaint
- Blocks
- Lacing

Gross Motor

- Dance
- Bat
- Throw
- Jump
- Roll and Crawl
- Memory Obstacle Course
- Catch
- Hop

Order at ABCJesusLovesMe.com

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Starting the 3 Year Curriculum

Supplies

Activity Sheets:

- All sheets listed here are found in the *3 Year Activity Book.*
- "I am Learning"

Books & Stories:

- *The Beginner's Bible* is my favorite choice for this age, but additional recommended Bibles can be viewed using the QR code.
- ABCJLM Interactive Bible Stories are a digital download included in the *3 Year Curriculum* Bundle or available to purchase separately.
- Books may be purchased or borrowed from a public library.

Activities:

- Supplies may be substituted with similar items you already own.
- Dry Erase Pocket or 8.5x11" Picture Frame
- Dry or Wet Erase Marker
- Shape/Color/ABC Letter Posters are Digital Downloads included in the Bundle.

Unsure How to Teach?

Teaching a child a new concept can feel daunting. Where do I begin? What do I say? When do I say it? How do I get the child to sit still? Find the answers to these questions by scanning the QR code provided on the next page.

Bible

The goal of the ***3 Year Curriculum*** is to introduce the child to the core stories in the Bible. Always read the Scripture yourself to ensure you are familiar with the facts of the story. The ABCJLM Interactive Bible Stories offer an age-appropriate script designed to actively involve the child in the storytelling. This supplemental product is available as a digital download, included in the Curriculum bundle, or may be purchased separately on the ABCJLM website. See QR code on pg 7.

Bible Songs and Memory Verses

Timeless Bible songs have been carefully chosen to help the child memorize and embrace God's Word. Each week also introduces a simple memory verse set to song. If a song is new to you, free videos with actions are included via the weekly QR codes to make learning easy. The Bible Song and Memory Verse Digital Download Packet, included in the Bundle, is another tool to aid in learning.

Example Weekly Bible Schedule

Day 1: **Read** the story from ***The Beginner's Bible***, using the page numbers listed in the Supplies.

Day 2: Read the **Interactive Bible Story script**. Use optional visuals such as flannelgraph or simple props.

Day 3: **Review** the script by reading it again, pausing to let the child fill in key points, names, or actions.

Day 4: Guide the child in **retelling** the story by prompting with simple questions (Who? What happened next?). Act out parts of the story together using motions or props.

Day 5: **Comprehension questions** are included in the Interactive Bible Stories Digital Download.

Math

Under the Math objectives, the child will be introduced to nine colors, eight shapes, sorting, spatial words, and patterns. The child will also learn numbers 0–15 through the use of tactile numbers, rhymes, hands-on activities, and number activity sheets.

Color and Shape Songs

Each color and shape is paired with a rhyme and matching actions. Frequently repeat the songs while performing the actions with the poster or a related manipulative. Rhyming supports early literacy development and prepares the child for reading. Point out how rhyming words sound the same at the end (e.g., back/black). The Color and Shape Digital Download Packets, included in the Bundle, provide a fun poster to practice the songs throughout the week.

"I am Learning" Objective Poster

The Objective Poster (found in the ***3 Year Activity Book***) helps you track the weekly objectives. Transfer these objectives to the activity sheet and display it in a visible place. After a couple of times, this transfer usually takes less than 10 minutes. To reuse the sheet, place it in a dry erase pocket or picture frame and use a dry or wet erase marker. Preschools can also send the updated sheet home each week to encourage learning beyond the classroom.

Broken Crayons/Rainbow Write

Throughout the Curriculum, the child will use a broken crayon for coloring and writing. Occupational therapists have found that broken crayons (under 1" in length) naturally encourage the correct grip—holding the utensil with the thumb and index finger, supported by the middle finger. Use caution with children who still put items in their mouths. Additionally, the child will be instructed to "rainbow write." This means the child writes once with a light color and then writes again using a darker color to create a "rainbow." This technique allows the child to practice multiple times on the same worksheet with various colors. For more tips, scan the QR code provided.

Curriculum Guide Sample

Numbers, Letters, and Theme

Throughout the *3 Year Curriculum,* the child will learn the formation of numbers 0–15. Each week also introduces a specific letter and theme, focusing on letter formation and phonemic sound.

Teach: Formation Rhymes and Chants

A Number Rhyme is included for each number to assist the child in learning formation. The original source of the rhymes is unknown. Just a few basic movements create all 26 letters of the alphabet. Simple Formation Chants teach these repeated motions. Say these rhymes and chants each time the child forms a number or letter to promote muscle memory and correct writing habits.

Activity: Tactile Numbers & Letters

Each week the child will be asked to trace a number or letter with their index finger on a tactile surface while reciting the corresponding Number Rhyme or Letter Formation Chant. Saying the rhyme or chant aloud helps reinforce correct formation. Always guide the child to trace from top to bottom, left to right, and counterclockwise. Tactile numbers and letters—also known as sandpaper or textured letters—are important at this age because 3-year-olds are still developing fine motor skills. The focus is on strengthening finger muscles rather than teaching handwriting.

If you're unsure about the correct formation of letters and numbers, consider ordering the 3" Uppercase, Lowercase, and Number activity sheets. These digital downloads can be turned into tactile letters and numbers by adding sand, glitter or yarn. The ABCJLM website offers additional ideas to make or purchase tactile cards. Learn more in the QR code.

Activity: Play Dough

A fun, tactile way to teach number and letter formation is to have the child create play dough numbers and letters on the Number and Letter activity sheets. Teach the child to roll the play dough into long "snakes," forming the dough over the number or letter outline on the activity sheet. If the play dough sticks to the activity sheet, place the activity sheet inside a plastic protector. Find my favorite play dough recipe using the QR code.

Activity: Process Art

To introduce the child to various art media, counting, and phonetic sounds, the child will also create Number and Letter Art Books throughout the Curriculum. Focus on the process of creating art rather than the final product.

Optional: Letter and Number Books

The *My First Steps to Math* and *My First Steps to Reading* series by Jane Moncure are the best books I have found for teaching numbers, letters, and phonetic sounds. Although these books are no longer in print, I highly encourage you to search for them at public libraries, on Amazon, eBay, or in used book stores—they are that good! Each book is titled *My __ Book* and may be read during the corresponding week.

Active Phonics

Each letter includes an example word and an action to help the child connect the letter to its phonetic sound. While writing letters has value, at this age it's more important for the child to focus on learning the sound and practicing letter formation through tracing. The ABC Letter Digital Download, included in the Bundle, provide a fun visual.

Poems

Phonemic Awareness

Phonemic awareness—the ability to hear, identify, and manipulate individual sounds—is critical for reading and spelling success. In the 3 Year Curriculum, this important skill is introduced each week through fingerplays, poems, and books.

Although these activities may seem silly to adults, they are both fun for the child and essential for early literacy development. Rhyming helps the child hear and play with sounds in words, improves oral language skills, and builds a strong foundation for reading fluency and comprehension. As the child becomes familiar with poems and books, they begin to anticipate rhyming words and recognize the rhythm of language.

Children develop phonemic awareness at their own pace. Introduce and discuss rhymes patiently, trusting that with time, the child's skills will grow naturally.

The Poem Digital Download Packet, included in the Bundle, is a helpful tool for posting and practicing poems.

Name

In the ***3 Year Curriculum,*** the child will be guided through a specific process to learn how to trace his or her first name. Follow the child's pace and ensure they have fully grasped the current step before moving on to the next one.

Additional Ideas

The ABCJLM website is filled with additional ideas that space doesn't allow to be added to this Curriculum. Scan the weekly QR codes for more information, videos of songs, and teaching tips.

Books

Experts agree that children should be read to for at least 15 minutes a day. Each week the child will be introduced to a quality picture book to supplement other learning and provide pre-reading exposure. Read the selected book at least once daily for maximum learning. "When young children hear the same story, song, or phrase repeatedly, their brains are actually building and strengthening neural pathways. These connections—formed through repeated, familiar experiences—lay the foundation for memory, language development, and deeper understanding."
Melissa McCall at MovingLittleMinds.com

Example Weekly Reading Schedule

Day 1: Picture Walk
Before reading, guide the child through a "picture walk." Look through the illustrations together and predict what the story might be about. Encourage the child to describe what they see and make guesses about the plot. This helps build excitement for the story, improves comprehension, stimulates creativity, and teaches children to use visual cues as a reading tool. Learn more in the QR code.

Day 2: Read with Expression
Read the book aloud with excitement and animated voices. Use facial expressions and tone to bring the story to life and keep the child engaged.

Day 3: Vocabulary
Each week I have selected words from the books that the child may not be familiar with. These words are purposefully chosen to expand the child's vocabulary, especially for dual-language learners. For each word, provide extra context to help the child understand its meaning. Introduce more or less words based on the child's exposure.

Day 4: Make Connections
While reading, connect the story to the child's own experiences. Ask questions like, "Have you ever felt like the character?" or "When have you done something like this?"

Day 5: Summarize the Story
Help the child retell the story by identifying what happened at the beginning, middle, and end. Encourage the child to use their own words and point to illustrations for support if needed. Being able to determine the key points is a crucial learning step.

Intentional Play

Throughout the Lesson Plans, Intentional Play ideas are included to help you naturally weave learning into play. These suggestions often work well as learning centers activities.

Development

Fine and Gross Motor Activities

Fine motor skills involve the ability to manipulate small objects and write, while gross motor skills focus on large muscle movements like running, jumping, and hopping. Both types of skills are important for pencil control, balance, and coordination. Each Lesson Plan includes activities to strengthen both skills.

Children develop fine motor skills best when they work on a vertical surface. While holding a writing utensil or brush against a vertical surface, muscles in the wrist and hand are strengthened. These same muscles are not used when writing on a horizontal surface. For this reason, place craft, writing, and drawing projects on a vertical surface as much as is feasible (i.e. on an easel, wall, or door). Instead of markers and pens, use broken crayons and short pencils to better support muscle development.

Teach vs Activity

Every objective or activity in these Lesson Plans is labeled "Teach" or "Activity." Typically, **Teach** ideas are completed 1:1 in a home setting or during circle time as whole-group learning. **Activities** are designed for table time, learning centers, or outdoor play.

Teaching time should be very brief. The majority of a child's learning should happen through hands-on, play-based experiences that allow them to explore, practice, and apply what they are learning.

Activities	Day 1	Day 2	Day 3	Day 4	Day 5
Bible					
Math					
Number					
Letter					
Rhyme					
Book					
Name					

Daily Schedule

The Daily Schedule organizes activities across a 5-day week. Activities are typically done at table time, centers, or outside. Adjust this sample schedule to fit your needs. If you prefer a schedule shorter than five days, see the examples provided through the QR code.

To start, consider spreading the Week 1 Lesson Plan over 2–3 weeks. This extra time allows for assessment, helps establish routines, and sets clear expectations, creating a smoother learning experience for the child.

Most activities may be completed in any order and this is provided as a suggestion. Select the options that best fit the child's needs and your setting—it is not required to complete every activity. Multiple choices are included to offer flexibility, address varying developmental levels, and support children who are dual language learners.

Curriculum Guide Sample

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For Review Purposes Only

Curriculum Guide Sample

Supplies

Activity Sheets:

- ☐ My First Day of Preschool
- ☐ Creation
- ☐ Caterpillar
- ☐ Number 0
- ☐ Letter Aa
- ☐ Assessment

Books and Stories:

- ☐ *The Beginner's Bible* pg 7
- ☐ ABCJLM Interactive Bible Story
- ☐ *My "a" Book (Optional)*
- ☐ *Barnyard Dance*

Activities:

- ☐ Broken Crayon (Black)
- ☐ Coffee Filter
- ☐ Colored Pencil (Black)
- ☐ Container
- ☐ Glue
- ☐ Markers (Blue, Green)
- ☐ Notecards (Name Labels)
- ☐ Paper (Large, Small)
- ☐ Peg Puzzles
- ☐ Play Dough (Black)
- ☐ Posters (Black, Aa)
- ☐ Scissors
- ☐ Spray Bottle (Water)
- ☐ Supplies for Assessment
- ☐ Stickers (Animals)
- ☐ Tactiles (0, Aa)

Tip: Comprehension Questions

Each week, enjoy going over the comprehension questions included in the Interactive Bible Stories Digital Downloads. Turn this review time into a fun game to help the child stay engaged. For creative game ideas, scan the QR code provided.

Bible

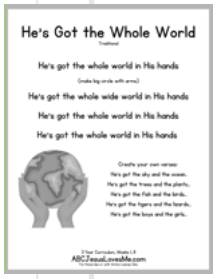
Teach: Creation

Genesis 1-2:4

Teach: Memory Verse: Genesis 1:1

Tune: Are You Sleeping?
In the beginning, in the beginning
(hammer fists)
God created, God created
(point up)
The heavens and the earth
(wave arms, form circle with arms)
The heavens and the earth
Genesis 1:1, Genesis 1:1
(form book with hands)

Teach Bible Song: He's Got the Whole World in His Hands



Traditional
He's got the whole world in His hands
(make big circle with arms)
He's got the whole wide world in His hands
He's got the whole world in His hands
He's got the whole world in His hands

Create your own verses:
He's got the sky and the ocean..
He's got the trees and the plants...
He's got the fish and the birds...

Activity: Coffee Filter Earth

Place a coffee filter over the Earth image on the Creation activity sheet. Using green and blue washable markers, trace the Earth shape onto the filter. Hang the coffee filter on a vertical surface with a container underneath to catch any dripping water. Encourage the child to spray the filter with water, then watch as the colors blend. Once dry, glue the coffee filter onto the activity sheet.

Math

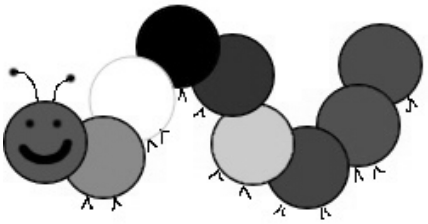
Over the next 11 weeks, the child will be introduced to 9 colors through songs, hands-on activities, and by creating a colorful caterpillar.

Teach: Black Song

Tune: Skip to My Lou
Black, black pat your back
(clap, clap, pat back)
Black, black pat your back
Black, black pat your back
God made beautiful colors
(point up, bring arms down as rainbow)

Activity: Caterpillar

Adult: From the Caterpillar activity sheet, cut out one circle. Then invite the child to color the circle with a short black colored pencil. Set it aside to use in Week 11—when the child will combine all of the colored circles to create a cute caterpillar.



Tip: Color Packet

Included in the Bundle, the Color Digital Download Packet is a great resource for practicing the Color Songs in circle time. To make it easy to use on the go, separate the travel cards, hole punch them, and bind them together for quick access and portability.

Activity: Intentional Play

Point out the color black in what the child wears. "Your shirt is black."

3 Year Curriculum - Week 1

Number

Teach: Number Rhyme

Around, around,
around you go.
That's the way
to make zero!

Original Source Unknown

Activity: Tactile Number

Guide the child to use the index finger of their dominant hand to trace the tactile number while saying the Number Rhyme aloud.

Activity: Play Dough

Roll the black play dough into a long snake shape. Then curve it into the shape of the number 0 and place it on top of the Number 0 activity sheet.

Activity: Process Art

Color the Number 0 activity sheet with a black broken crayon. Add no stickers to the activity sheet. Keep the Number activity sheet to create a book at the end of the Curriculum.

Activity: Intentional Play

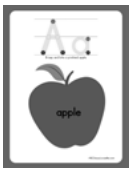
Since zero can be a difficult concept to understand, explain that zero means "none." Play a fun game by asking the child to jump up and down, clap, and say the child's name zero times.

Letter

Theme: Animals

Teach: Active Phonics

A /a/ apple
Pretend to grasp an apple in your hand while saying "A /a/" and take a bite on the word "apple."



Teach: Formation Chants

A - pull down, pull down, across
a – little curve, down

Activity: Tactile Letter

Help the child trace the letters "A" and "a" using the index finger. Say the Letter Formation Chants while tracing, and make sure each letter is traced correctly every time.

Activity: Play Dough

Using correct letter formation, shape the letter "A" and "a" with black play dough on the Letter activity sheet.

Activity: Process Art

Decorate the Letter Aa activity sheet with farm animal stickers. Emphasize the /a/ sound in the word "animals."

Teach: Name

Write the child's name on a notecard. Each week ask the child if the Letter of the Week appears in her name. You can also include on notecards the names of family members or classmates. Write each name on a notecard. Create a wall chart with the title "Is the letter ____ in your name?" and two columns labeled "Yes" and "No." Place each name in the appropriate column. Repeat this activity each week. Learn more in the QR code.

Poem

Teach: Baa, Baa, Black Sheep

Traditional
Baa, baa, black sheep
(hammer fists together)
Have you any wool?
(shrug shoulders)
Yes sir, yes sir (nod head)
Three bags full (raise three fingers)

One for the master
(one hand out)
One for the dame
(other hand out)
And one for the little boy
(hands show little)
Who lives down the lane
(sway hands to create a lane)
Repeat first four lines

Teach: Rhyming Words

Each week after reading the rhyme a few times, pause and let the child fill in the rhyming word at the end of each phrase. Then go back through the rhyme and say both rhyming words together, like this: "_____, _____, they both say _____" (for example: wool, full, they both say 'ool').

Name

Activity: Name Labels

Introduce the child to his name in print. With large, print letters, write the child's name using uppercase for the first letter and lowercase letters for the rest. Tape name labels on the child's items (e.g. cubby or hook, table or circle seat). Throughout the day point to the label and explain to the child that the letters spell his name. Periodically ask the child what the name label says.

Tip: Classroom Centers

Preschools: Children learn best through play. Any underlined activity (like the three listed this week) may be used as a learning center in the classroom. Centers offer hands-on, play-based opportunities where the child guides the learning. Discover more in the QR code.

SCAN ME

Curriculum Guide Sample

3 Year Curriculum - Week 1

Book

Barnyard Dance
by Sandra Boynton

Teach: Picture Walk

Picture walk through the book before reading. Ask the child to point to each named animal or to name the animals independently. Talk about the sound each animal makes. Find more information in the QR code.

Teach: Vocabulary

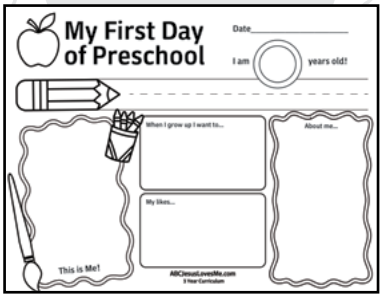
Discuss action words: stomp, bow, etc.

Activity: Barnyard Dance

See Gross Motor Activity

Activity: My First Day of Preschool

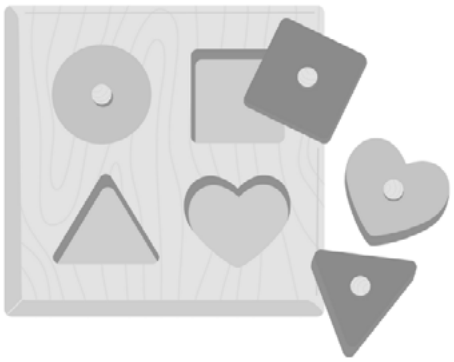
Celebrate the beginning of learning with the My First Day of Preschool activity sheet! Invite the child to draw a picture of themself, then complete each information section adding the child's responses. Snap a photo of the child holding the finished sheet, and don't forget to tag #ABCJesusLovesMe or @ABCJesusLovesMe when sharing on social media!



Development

Fine Motor Activity: Peg Puzzles

Play with peg puzzles, encouraging the child to pick up the pieces using their thumb and index finger. This strengthens the fingers for holding a pencil.



Gross Motor Activity: Barnyard Dance

This week, dance the Barnyard Dance while reading the book ***Barnyard Dance*** (e.g. bounce, strut, spin, trot, leap).

Assessment

The 3 Year Assessment is designed to measure what the child knows at the start of the ***3 Year Curriculum*** and to track progress throughout the year. The assessment should be completed three times—during Weeks 1, 19, and 36—and is most effective when done one-on-one. Assessment sheets can be found in the Activity Book. Scan the QR code to learn more info and for a supply list. It is very common for the child to know very little the first assessment.

Activities	Day 1	Day 2	Day 3	Day 4	Day 5
Bible (pg 4)	Read/Coffee Filter Earth	Interactive Story	Review	Retell/Coffee Filter Earth	Comprehension Questions
Math		Caterpillar	Intentional Play		
Number	Intentional Play	Intentional Play	Tactile Number	Play Dough	Process Art
Letter	*My "a" Book**	Tactile Letter	Play Dough	Process Art	Name
Book (pg 6)	Picture Walk	Read with Expression	Vocabulary	Make Connections	Summarize
Development	My First Day of Preschool	Assessment	Peg Puzzles	Barnyard Dance	Assessment

*The Letter and Number Books (***My ___ Books)** are optional. See note on page 5 for more info.

3 Year Curriculum - Week 2

Supplies

Activity Sheets:

- ☐ Adam and Eve's Fruit
- ☐ Caterpillar
- ☐ Number 1
- ☐ Letter Bb

Books and Stories:

- ☐ *The Beginner's Bible* pg 18
- ☐ ABCJLM Interactive Story
- ☐ *My 'b' Book*
- ☐ *My One Book*
- ☐ *If You Give a Mouse a Cookie*

Activities:

- ☐ Balls (Small and Large)
- ☐ Broken Crayon (Blue)
- ☐ Button (Blue)
- ☐ Colored Pencil (Blue)
- ☐ Craft Stick
- ☐ Glue
- ☐ Googly Eyes (Small)
- ☐ Kiss Cookie Ingredients (Egg)
- ☐ Kitchen Center
- ☐ Milk (Glass)
- ☐ Paint (Blue)
- ☐ Paper Plate
- ☐ Play Dough (Blue)
- ☐ Pom Poms (Blue)
- ☐ Posters (Blue, Bb)
- ☐ Scissors
- ☐ Tactile (1, Bb)
- ☐ Timer

Bible

Teach: Adam and Eve Sin

Genesis 3

Teach Memory Verse: Psalm 34:13

Tune: Are You Sleeping?
Keep your tongue from evil,
Keep your tongue from evil
(point to tongue)
And your lips from telling lies,
And your lips from telling lies
(point to lips)
Psalm 34:13, Psalm 34:13
(form book with hands)
Keep your tongue from evil
And your lips from telling lies

Teach Bible Song: O Be Careful

Traditional
O be careful little eyes what you see
(point to eyes)
O be careful little eyes what you see
For the Father up above (point up)
Is looking down in love
(put hand to forehead and look down)
O be careful little eyes what you see

Additional Verses:
...little hands what you do
...little feet where you go
...little ears what you hear
...little mouth what you say
...little mind what you think

Activity: Adam and Eve's Fruit

Color Fruit: Give the child a blue broken crayon to color the fruit pictures on the Adam and Eve's Fruit activity sheet. Set a timer for the child to color each fruit until the timer goes off—the amount of time can be adjusted based on the child's ability.

Worm and Fruit: *Adult, cut out the fruit shapes.* Glue two matching fruits back-to-back on a craft stick. On one side, add blue pom poms to create a worm and attach googly eyes to make a face. Leave the other side plain.

Use this as a visual to explain how Adam and Eve only saw what looked good—the beautiful fruit—while God saw the whole picture, including the hidden worm. He knew what was best for them.

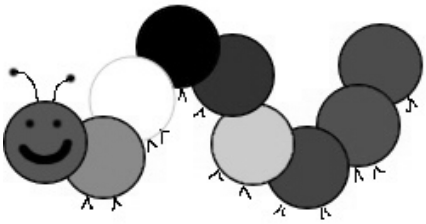
Math

Teach: Blue Song

Tune: Skip to My Lou
Blue, blue said "choo-choo"
(pull arm down)
Blue, blue said "choo-choo"
Blue, blue said "choo-choo"
God made beautiful colors
(point up, bring arms down as rainbow)

Activity: Caterpillar

Adult: From the Caterpillar activity sheet, cut out one circle. Then invite the child to color the circle with a blue colored pencil. Set it aside to use in Week 11—it will be fun to see it all come together!



Activity: Intentional Play

Point out the color blue as the child plays.
"I like your doll's dress.
The dress is blue."

Curriculum Guide Sample

3 Year Curriculum - Week 2

Number

Teach: Number Rhyme

Straight down and then you're done
That's the way to make a one
Original Source Unknown

Activity: Tactile Number

Guide the child to use the index finger of their dominant hand to trace the tactile number while saying the Number Rhyme aloud.

Activity: Play Dough

Roll blue play dough into a long snake shape and lay it on the number 1 on the Number 1 activity sheet. Then, roll 1 small ball of play dough and place it on the box on the activity sheet. Point to it and count out loud, saying "one."

Activity: Process Art

Use a blue broken crayon to draw repeated straight lines—like the number 1—on the Number 1 activity sheet. Then glue one blue button inside the box on the activity sheet.

Letter

Theme: Baking

Teach: Active Phonics

B /b/ ball
Grasp a pretend ball on "B /b/." Throw on the word "ball."

** Do not add a vowel to the end of /b/, as in /buh/*

Teach: Formations Chants

B - body, bubble, bubble -or- bat, around the tree, around the tree
b - body, bubble -or- bat and a ball

Activity: Tactile Letter

Trace the tactile letters while saying the Letter Formation Chants.

Activity: Play Dough

Using correct letter formation, shape the letter "B" and "b" with blue play dough on the Letter activity sheet.

Activity: Process Art

Place a small dab of blue paint on a paper plate. Demonstrate to the child how to bounce a cotton ball in the paint, then gently bounce it onto the Bb activity sheet to make prints. Say the Active Phonics Chant while the child paints.

Poem

Teach: Humpty Dumpty

Traditional
Humpty Dumpty sat on a wall
(sit and sway)
Humpty Dumpty had a great fall
All the king's horses
(left palm out)
And all the king's men
(right palm out)
Couldn't put Humpty together again (clap hands together)

Teach: Rhyming Words

Briefly explain that rhyming words sound the same at the end. After going over the rhyme a few times, encourage the child to complete each line with the rhyming word.

Activity: Egg Demonstration

Humpty Dumpty was an egg. Demonstrate how to crack the eggshell to separate the egg white and yolk for baking. Once the eggshell is cracked, it can't be put back together—just like Humpty Dumpty!

Activity: Intentional Play

Provide the child with a kitchen center. Using pretend food, bowls, and spoons, let the child pretend to be both a chef.

Name

Activity: Name Song

This week begin teaching the child to spell his name using the tune of B-I-N-G-O. Write the child's name and point to each letter while singing at a very slow tempo.

There is a boy that God loves so and
Fred is his name-o
F-R-E-D,
F-R-E-D,
F-R-E-D
And Fred is his name-o

This activity can be done one-on-one or in a group by taking turns singing each child's name.

SCAN ME

3 Year Curriculum - Week 2

Book

If You Give a Mouse a Cookie
by Laura Joffe Numeroff

Teach: Picture Walk

Take a picture walk through the book before reading. Talk about what is happening in each illustration. Name objects in the pictures. This activity helps build the child's vocabulary and comprehension.

Teach: Vocabulary

mustache
nail scissors
Scotch tape
comfortable

Activity: Intentional Play

Get on the floor and pretend to be a mouse doing things like: crawl around, nibble on a cookie, curl up for a nap. Drink a glass of milk and look for a milk mustache.

Development

Fine Motor Activity: Bake

Baking is a great way to strengthen fine motor skills. Try making Kiss Cookies—a peanut butter cookie topped with a chocolate kiss. Let the child unwrap the candies and press them onto the cookies after baking. Use this activity to teach the importance of washing hands before baking and eating. Recipe and images in the QR Code.

Adaptation: If you don't have access to a kitchen, create a pretend kitchen center. Wrap play food in aluminum foil for the children to unwrap and rewrap, mimicking the real activity.

Gross Motor Activity: Kick

Practice kicking a ball. Start with a large ball and progress to a smaller one. Set up a goal and take turns being goalie.

Activities	Day 1	Day 2	Day 3	Day 4	Day 5
Bible	Read/Color Fruit	Interactive Story	Review	Retell/Worm and Fruit	Comprehension Questions
Math		Caterpillar	Intentional Play		
Number		*My One Book*	Tactile Number	Play Dough	Process Art
Letter	*My "b" Book*	Tactile Letter	Play Dough	Process Art	Name Letter
Poem	Intentional Play		intentional Play		Egg Demo
Book	Picture Walk	Read with Expression	Vocabulary	Make Connections	Summarize/ Int. Play
Development		Kick		Kick	Bake

Curriculum Guide Sample

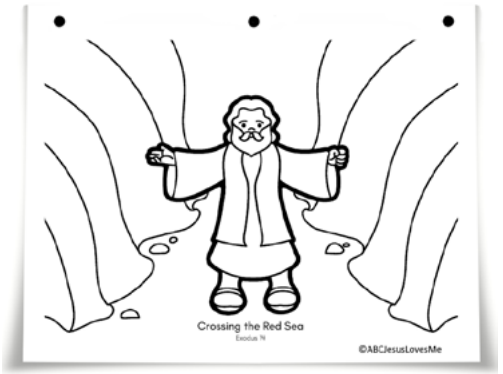
Activity Sheets

"Tell me and I forget. Teach me and I remember. Involve me and I learn." – Benjamin Franklin

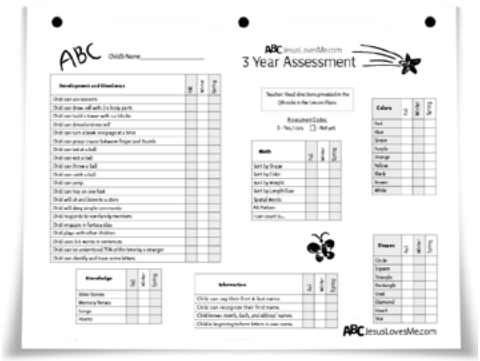
Overview

When used as designed, the ***3 Year Activity Book*** deepens the child's understanding of both academic and biblical concepts. The activity sheets also support the development of fine motor skills, core strength, and visual perception while providing hands-on, process-focused art experiences. Assessment checklists are included to help adults track the child's progress, identify areas of growth, and ensure that learning goals are being met. Sample activity sheets are shown below.

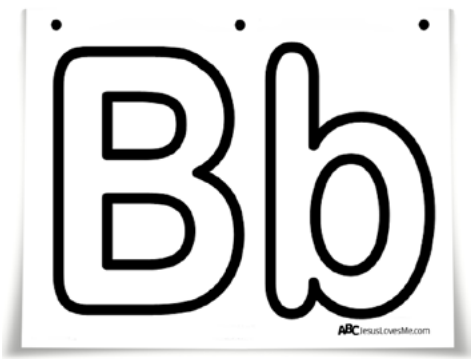
Bible



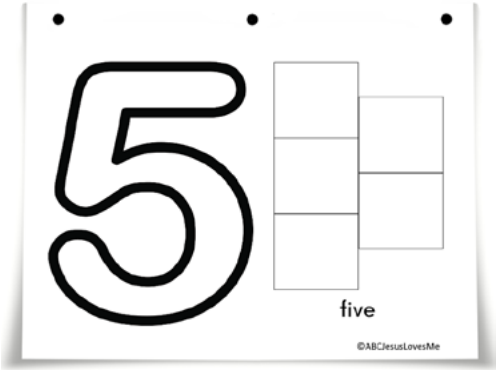
Assessment



Letters



Numbers



Order at ABCJesusLovesMe.com

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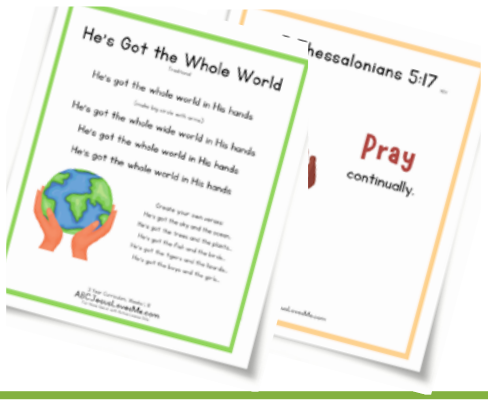
Digital Downloads

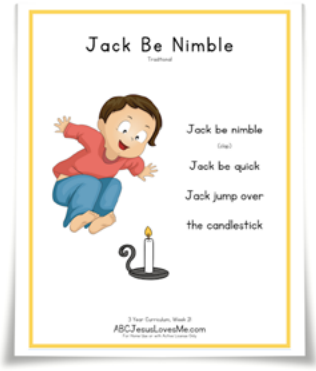
"Children learn as they play. Most importantly, in play, children learn how to learn." – O.F. Donaldson.

The ***Curriculum Guide*** and ***Activity Book*** are printed and mailed to you, while the remaining items in the Bundle are provided as colorful digital downloads for you to print as needed. Learning packets offer versatility with both full-page posters (8.5x11") and portable travel cards (3.75x5"), making it easy to support learning at home, in the classroom, or on the go. These materials are ideal for teaching, displaying, and practicing the concepts.

Bible Songs/Verses

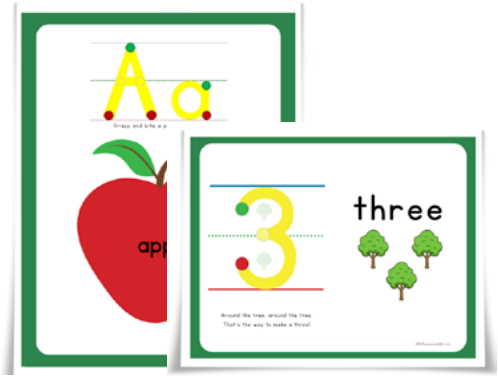


Poem Packet



Color and Shape Songs

Letter & Number Poster



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3 Year Curriculum

Week 18: Jesus is Born

Supplies

- ☐ Bible

Flannelgraph*

- ☐ Water/Sky Board with Land, S4
- ☐ Indoor Board with Window 230A, Stable Posts 199A/199B, Manger 238
- ☐ Innkeeper - 21
- ☐ Joseph - 20
- ☐ Mary/Baby - 103
- ☐ Donkey - 154
- ☐ Stool - 233
- ☐ Animals and Manger - 238, 238A

**These optional felt pieces work with the Betty Lukens Flannelgraph set. Italicized words show actions, and underlined words indicate when to add a piece.*

Story: Luke 2:1-7

An angel told Mary that she would have a baby.

One day, a leader said everyone had to go back to the town where they were born. The leader wanted to count everyone in his kingdom. Mary and Joseph didn't have a car, so Mary and Joseph had to walk or ride a donkey for many days to get to Bethlehem.

When Mary and Joseph arrived in Bethlehem, they were so tired and needed a place to sleep. But many people were visiting Bethlehem. All of the inns - or hotels - had no rooms for Mary and Joseph to sleep in. "No room!" said one innkeeper. "Nope, no room!" said another. "No, we are full!" said another one.

At last one innkeeper helped them. The innkeeper could tell that Mary's baby was going be born soon and said, "You can sleep in my *stable*." *Switch boards. Add Mary, Joseph, stool, and donkey.*

A stable is like a barn for animals to eat and sleep. While Mary and Joseph were in the stable, baby Jesus was born. Mary wrapped Jesus in strips of cloth and laid Him in a manger, the place where the animals eat. Help me wrap baby Jesus and lay Jesus in the manger.

Jesus, God's Son, was born!

Interactive Bible Story Sample
Week 18

Comprehension Questions:

- Who was going to have a baby?
- How did Mary and Joseph get to Bethlehem? (Walk or ride a donkey)
- Why couldn't they stay in the inns?
- Where did baby Jesus sleep?
- Who is Jesus?

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FAQ

"Quality questions create a quality life. Successful people ask better questions, and as a result, they get better answers." –Anthony Robbins

Is the learning the same for each Curriculum?

Each Curriculum includes a unique selection of learning objectives, Bible stories, and themes because most preschools and homes use at least four of the five curricula. If the the main objectives were repeated, children would only experience 28 objectives multiple times. By offering a broad range of age-appropriate learning, the Curricula ensure children are exposed to diverse learning experiences that promote growth in academics, Bible understanding, and overall development.

How do I teach this if it's all new to me?

The Intro and each Lesson Plan include a QR code that links to additional information, song videos, and teaching tips to guide you each step of the way.

What about holidays?

Since the Curriculum may be started at any time, holiday activities aren't included in the Lesson Plans. To ensure a complete understanding of the Bible, the Christmas story is taught in Week 18 and the Easter story in Week 32. Free and paid holiday activities are available on the ABCJesusLovesMe website and can be added to the Lesson Plans whenever desired.

Can I make the Curriculum shorter or longer?

This Curriculum includes 36 weekly lessons, but the schedule is flexible. Lessons can be shortened, extended, or combined to fit your needs. Many users extend weeks around holidays to include seasonal activities. See example schedules.

Can ABCJesusLovesMe be used in a school or church?

ABCJesusLovesMe Curricula and products are used in homes, schools, daycares, and churches worldwide. Licenses are available for non-family use, and active licenses are required for continued use. Visit the website for full details.

What if I have questions?

The active ABCJesusLovesMe Facebook group is a great place to gather ideas and ask questions. Heidi is also available via LiveChat on the ABCJesusLovesMe website and by email to answer questions, brainstorm, and support your success. Preschools can schedule a demo for a Q/A session.

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Helpful Links

"Start children off on the way they should go,
and even when they are old they will not turn from it." – Proverbs 22:6

Which Curriculum to Choose

ABCJesusLovesMe.com/which-curriculum-do-i-choose/

The ABCJesusLovesMe Difference

ABCJesusLovesMee.com/what-sets-abcjesuslovesme-apart/

Supply List

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