Welcome to ABCJesusLovesMe.com™

Our Motto

To equip and empower adults to be intentional and enable children to learn through play.

We Believe

Children are God's blessings. Learning is most meaningful when it is naturally woven into the day. True understanding grows through modeling, repeated exposure, and purposeful conversations. Our calling is to impress God's truths on their hearts in a loving environment that strategically allows them to explore, discover, and build knowledge (Deuteronomy 6:4-9).

I am so glad God led you here. If we haven't met, I'm Heidi, the writer and creator of this curriculum.

What began as a need in my own family has grown into a worldwide ministry God is using to equip adults to give children a strong foundation in academics, Bible, and development.

The following sample pages share a Bible-based Curriculum created with both the developmental needs of the child and the needs of the adult in mind. ABCJesusLovesMe is designed to make learning happen through intentional play.

The goal of this ministry is twofold: to prepare children for kindergarten and to train the next generation to love God and love others for the glory of God.

If this desire is on your heart as well, know that you are not alone. I am cheering you on and honored to walk this journey with you.

Only by grace... *heidi*

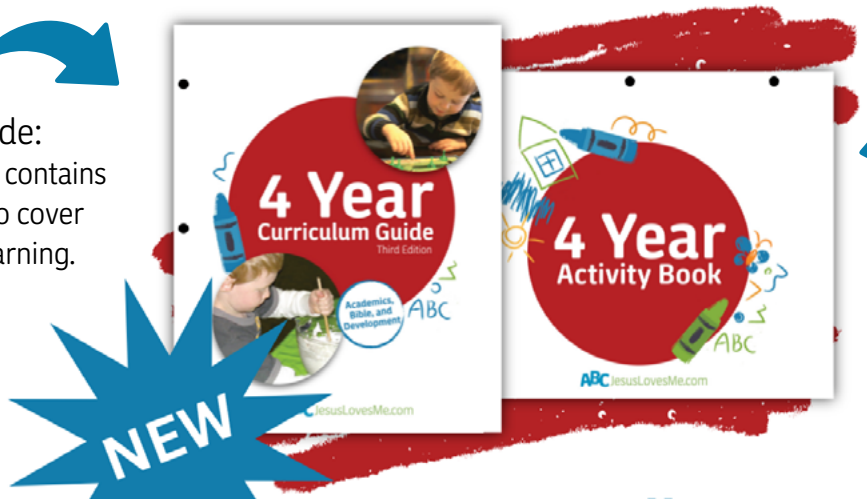
4 Year Curriculum Bundle

"Every child you meet is a divine appointment." – Wess Stafford

Overview

The *4 Year Curriculum Bundle, 3rd Edition* is designed for children ages 4 to 5 years, and preparing for kindergarten. This Curriculum guides the adult in intentionally teaching academic, Bible, and developmental learning to the child while giving purpose to daily activities and play. Writing letters and numbers, engaging in themed play, and developing a deeper understanding of character through Bible stories are all part of this Curriculum.

Curriculum Guide:
This printed book contains 36 Lesson Plans to cover 9-12 months of learning.



NEW

4 Year Bundle
Curriculum Guide + Activity Book
+ Digital Downloads

Activity Book:
The printed book features 100 activity sheets for extended learning, fine motor skill practice, and creativity. These are not coloring sheets, but each activity sheet has a specific learning goal.

All items are available as a bundle or a la carte.

For home, preschool, or daycare use.

Interactive Bible Stories:
28 scripts provide an interactive way to share the Bible stories.
Optional flannelgraph suggestions included in this Digital Download.

Other Digital Downloads Include:

- Bible Songs Packet
- Memory Verse Packet
- Poem Packet
- Active Phonics Letter Posters
- Number Posters

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Scope and Sequence

"The art of teaching is the art of assisting discovery." – Mark Van Doren

Overview

The Scope and Sequence gives an overview of what is taught throughout the Curriculum. Each objective is carefully placed in a purposeful order, allowing the child to build understanding step by step without gaps or overload. The 4 Year Scope and Sequence provides a big picture of the academic concepts, Bible learning, and developmental skills the child will be introduced to throughout the time.

Academics		Bible	Development
Pre-Reading	**Math/Science**		
28 Classic Books and Activities	Colors/Shapes	28 Key Bible Stories with Character Training	36 Fine Motor Activities
54 Memorable Poems & Fingerplays	Spatial, Sorting, Opposites, Size, Patterns, Sequencing, Subitizing	16 Memory Verses	36 Gross Motor Activities
Active Phonics/Phonological Awareness Activities	Seasons, Senses, Emotions, Hygiene, Family, Friendship, Animals, Gardens, Nutrition	17 Bible Songs	36 Visual Perception Activities
Writing Letters	Writing Numbers	Activities and Crafts	Imaginative Play
Picture Walk	Safety, 911, Phone Number/Address	New Testament Books of the BIble by Song	Scissors Use
Rhyming & Syllables	Community Helpers, Days of the Week, Months of the Year, My Body, Weather, Voting		Memorization
My Color Books	Weekly Themes		Following Directions

Each Curriculum is based on research, the American Academy of Pediatrics Developmental Milestones, State Preschool Standards, and input from kindergarten teachers. Every Curriculum has also been reviewed and approved by two former 1st-grade teachers with a combined almost 100 years of teaching experience. Activities and stories are “kid-approved” through testing with my own children and the children I teach.

Centers

For Preschools: Children learn best through play. Underlined activities in the Lesson Plans may be used as a learning center in the classroom. Centers offer hands-on, play-based opportunities where the child guides the learning.

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Academics

"The activities that are the easiest, cheapest, and most fun to do – such as singing, playing games, reading, storytelling, and just talking and listening – are also the best for child development." ~ Jerome Singer

Themes

Weekly themes are included in the ABCJesusLovesMe 4 Year Curriculum to introduce the child to the world around them. Math, science, and developmental activities are included to support thematic learning. Each week also includes a poem/song and rhyme to compliment the theme and foster hearing individual sounds in words. Fun activities for each are provided for further learning and as teaching aids. Review weeks include optional field trip ideas and "Making Memories" activities. Below are samples of what is included in this curriculum.

Sample Themes

- Colors of Ice Cream
- God Made me Special
- Circus Fun
- Under the Sea
- Bee, Bugs, and Spiders
- Beaches
- My Family
- Construction

Literacy

Each Lesson Plan includes a Book of the Week that connects to the weekly theme. These carefully selected classic books are ideal for preschool-age children and support key learning goals. Curriculum suggestions help the adult build interest in the story, support comprehension, encourage imagination, and teach the child to use visual clues while reading. Once familiar with the book, the child is encouraged to fill in key words and rhyming words and discuss vocabulary by breaking words into syllables. Additional activities provide even more opportunities for learning and practice.

Sample Books

- *Emma Kate*
- *Olivia*
- *Pete the Cat*
- *Curious George*
- *The Kissing Hand*

Activities

- Character
- Picture Walk
- Setting
- Problem/Solution
- Pragmatics
- Cause & Effect
- Comprehension
- Listening
- Vocabulary
- Parts of a Book

Math & Science

- Colors & Shapes
- Spatial Words
- Sorting
- Seasons
- Recognizing Danger
- Friendship
- 7 Days
- 12 Months
- Phone Etiquette
- Fire Safety
- Postal System
- Hygiene
- Emotions
- Opposites
- Senses
- Phone Number
- Address
- Counting
- Manners
- Size
- Patterns
- Sequencing
- Book Care
- Emergencies
- Subitizing

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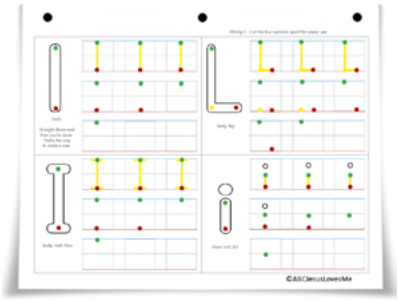
Letters/Numbers

"In books I have traveled, not only to other worlds, but into my own." – Anna Quindlen

Handwriting

The *4 Year Curriculum* bridges the *3 Year Curriculum* and kindergarten. Building on prior learning, and when developmentally ready, the child practices writing letters and numbers on lined paper using a five-step process. Letters and numbers are taught by ease of formation rather than alphabetical or numerical order, beginning with straight-line forms. This approach gives the child early success, builds confidence, and prepares the child for more challenging formations. Letter and Number Formation Chants support correct formation throughout the process.



4 Year Activity Book

Active Phonics

Repeating, manipulating, hearing, and combining phonetic sounds form the foundation of reading and are further developed in the *4 Year Curriculum*. The child strengthens letter sound knowledge through Active Phonics, the Ice Cream Phonics Chant, and Letter Phonic Songs. Each week, the child adds a scoop to a large ice cream cone displayed on the wall, reinforcing learning in a visual and engaging way.

Poems

Rhyming is introduced through poems, songs, and books. While it may seem silly to adults, rhyming is fun for children and plays an important role in reading success. As a key phonemic awareness skill, rhyming helps children hear and manipulate sounds in words, strengthening their oral language. It also helps them recognize the rhythm of language, which supports fluency and comprehension. Below are some of the poems the child will enjoy learning.

- Hug Your Bear
- Wise Old Owl
- Five Little Pumpkins
- Itsy Bitsy Spider
- Here's a Beehive
- Hurry, Hurry Fire Truck
- I Have 10 Fingers
- The Wheels on the Bus
- Bubbles, Bubbles Everywhere
- Baa, Baa Black Sheep

Poem Digital Downloads

© ABCJesusLovesMe.com

Bible

The gospel is so simple that small children can understand it, and it is so profound that studies by the wisest theologians will never exhaust its riches. -Charles Hodge

Overview

Unique to the *4 Year Curriculum*, the child is introduced to character traits through examples found in Bible stories. Activities support both the Bible story and the character trait. As part of the Bundle, the ABCJesusLovesMe Interactive Bible Stories include age-appropriate scripts that actively involve the child. Optional flannelgraph suggestions add visual and tactile learning opportunities. Comprehension questions at the end of each story provide a natural way to continue the conversation.

Interactive Bible Stories Digital Download

Memory Verses

Each week includes a simple memory verse set to a song with actions to help the child hide God's Word in his/her heart.

Sample Verses

- James 1:22
- Proverbs 15:1
- Colossians 3:23a
- 1 Peter 1:13a
- Jeremiah 17:7
- Joshua 1:9b

Memory Verse Digital Download

Character

Sample Stories & Traits

- Noah's Ark - Obedience
- Trust - Jesus Walked on Water
- Courage - Daniel in the Lions' Den
- Joy - Paul and Silas in Jail

Songs

The Bible songs include classic "Sunday School" favorites and piggyback songs. If a song is unfamiliar, videos with actions are available at ABCJesusLovesMe.com.

Sample Songs

- Happy All the Time
- The B-I-B-L-E
- O Be Careful
- Jesus Loves Me
- My God is So Big
- Silent Night

Bible Song Digital Download

Books of the Bible

To study the Bible effectively, I believe it is important to know the order of the Books of the Bible. With fun repetition, most preschool children can learn this skill. In the Curriculum, the New Testament books are divided into small groups, introduced gradually every few weeks, following the pattern of a simple song. The New Testament Song is included in the Bible Song Packet, with a video available on the website.

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Development

"Play gives children a chance to practice what they are learning." – Fred Rogers

Overview

Fine motor skills help the child manipulate small objects and prepare for writing. Gross motor skills involve large muscle movements, such as running, jumping, and hopping, and support balance and coordination. Each Lesson Plan includes activities that strengthen both fine and gross motor skills; for best results, crayons and pencils are recommended instead of markers or pens. Sample activities are provided below.

In addition, each Lesson Plan in the *ABCJesusLovesMe 4 Year Curriculum* includes visual perception activities. Visual perception is the process of translating to the brain what the eyes see, which is essential for reading and writing. These activities support brain–eye communication and can help address visual perception challenges.

Motor Skills

Fine Motor

- Play Dough
- Cooking
- Painting
- Draw Self & Family
- Draw What I Draw
- Coin Pickup
- Tying Shoes
- Fingerplays
- Lacing
- Crafts
- Sand or Sensory Tub Play
- Scissor Use
- Tripod-Grasp

Gross Motor

- Throw/Catch/Kick
- Simon Says
- Memory Obstacle Course
- Jump/Crawl
- Run/Walk/Twist
- Theme-based Play
- Movements with Songs
- Balance
- Coordination
- Bat

Visual Perception

- Visual Discrimination
- Visual Tracking
- Visual Memory
- Visual Spatial Relationships
- Visual Closure
- Sequencing
- Visual Motor Integration

Order at ABCJesusLovesMe.com

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Curriculum Guide Sample

Supplies

Activity Sheets:

- All activity sheets listed are found in the *4 Year Activity Book.*
- "I am Learning"

Books & Stories:

- *The Beginner's Bible and My First Hands-on Bible* are my favorite choice for this age, but additional recommended Bibles can be viewed using the QR code.
- *Optional: Big Thoughts for Little People: ABC's to Help You Grow* is a recommended resource to use throughout the Curriculum. It supports the discussion of character traits while also reinforcing letter recognition and phonetic sounds. Suggested letters each week are listed under the "Supplies" section.
- ABCJLM Interactive Bible Stories are a digital download included in the *4 Year Curriculum* Bundle or available to purchase separately.
- Books may be purchased or borrowed from a public library.

Activities:

- Supplies may be substituted with similar items you already own.
- Dry Erase Pocket or 8.5x11" Picture Frame
- Dry or Wet Erase Marker
- ABC Letter Posters are Digital Downloads included in the Bundle.

Bible/Character

Unique to the ***4 Year Curriculum,*** character traits are introduced to the child through the truth found in Bible stories. Each week includes activities that support both the Bible story and the featured character trait. It is important to read the Scripture yourself to ensure you are familiar with the details of the story. The ABCJLM Interactive Bible Stories provide an age-appropriate script and comprehension questions to actively engage the child in the storytelling process. This supplemental resource is available as a digital download, included in the Curriculum Bundle, or can be purchased separately on the ABCJLM website.

Bible Songs and Memory Verses

Timeless Bible songs have been carefully chosen to help children memorize and embrace God's Word. Each week also introduces a simple memory verse set to song. If a song is new to you, free videos with actions are included via the weekly QR codes to make learning easy. The Bible Song and Memory Verse Digital Download Packet is another tool to aid in learning.

New Testament Books of the Bible

To study the Bible effectively, I believe it is important to know the order of the Books of the Bible. With fun repetition, most preschool children can learn this skill. In the Curriculum, the New Testament books are divided into small groups, introduced gradually every few weeks, following the pattern of a simple song (pg 110). Scan the QR code on pg 9 to access the New Testament Song.

Example Weekly Bible Schedule

Day 1: **Read** the story from ***The Beginner's Bible or My First Hands-On Bible***, using the page number listed in the Supplies.

Day 2: Read the **Interactive Bible Story script**. Use optional visuals such as flannelgraph or simple props.

Day 3: **Review** the script by reading it again, pausing to let the child fill in key points, names, or actions.

Day 4: Guide the child in **retelling** the story by prompting with simple questions (Who? What happened next?). Act out parts of the story together using motions or props.

Day 5: **Comprehension questions** are included in the Interactive Bible Stories Digital Download.

Unsure How to Teach?

Teaching a child a new concept can feel daunting. Where do I begin? What do I say? When do I say it? How do I get the child to sit still? Find the answers to these questions by scanning the QR code provided on pg 9.

"I am Learning" Objective Poster

The Objective Poster (found in the *4 Year Activity Book*) helps you track the weekly objectives. Transfer these objectives to the activity sheet and display it in a visible place. After a couple of times, this transfer usually takes less than 10 minutes. To reuse the sheet, place it in a dry erase pocket or picture frame and use a dry or wet erase marker. Preschools can also send the updated sheet home each week to encourage learning beyond the classroom.

Broken Crayons/Rainbow Write

Throughout the Curriculum, the child will often use a broken crayon (less than 1" in length) for coloring and writing. Occupational therapists have found that using broken crayons naturally encourages the child to grip the utensil correctly—with the thumb and index finger, supported by the middle finger.

Additionally, the child will be instructed to "rainbow write." This means the child writes the letter or number once with a chosen color and then writes it again using a different color to create a "rainbow." This technique allows the child to practice multiple times on the same activity sheet with various colors. For more handwriting tips, scan the QR code provided on pg 9.

Starting the 4 Year Curriculum

Writing/Phonics

The ***4 Year Curriculum*** serves as a bridge between the ***3 Year Curriculum*** and kindergarten. Building on the foundational formation skills taught in the ***3 Year Curriculum***, the child—if developmentally ready—will begin writing letters and numbers using a five-step process. Rather than introducing letters and numbers in alphabetical or numerical order, they are taught based on the ease of formation, beginning with straight-line characters. This approach provides early success and builds the child's confidence before moving on to more complex shapes. If the child has not yet learned to follow the green/red dots and lines taught in the ***3 Year Curriculum***, take time to teach these skills first. The Pre-Writing Sheets included in the separate ***Handwriting Curriculum*** can be used for additional practice. See link in the QR code on pg 9.

Five-Step Writing Process:
1. Trace the bubble letter or number with the index finger while saying the Number Rhyme or Letter Formation Chant.
2. Rainbow write by tracing over the yellow guide.
3. Rainbow write using the green and red dots as guides.
4. Rainbow write using only the green dot.
5. Rainbow write using the lines and the box as a guide.

Because it's important for the child to progress at a pace suited to their individual developmental readiness, it is important that handwriting be done one-on-one (e.g. during centers). Even if the child remains on Steps #1 or #2 throughout the Curriculum, do not move forward until the child is ready. Advancing too soon can cause frustration, develop poor habits, and create a negative attitude toward writing.

Teaching: Formation Rhymes and Chants

Numbers: A Number Rhyme is included for each number to assist the child in learning number formation. The original source of the rhymes is unknown.
Letters: While teaching handwriting to my children, I realized that just a few basic movements create all 26 letters of the alphabet. I created simple Formation Chants to teach these repeated motions. Say these chants each time the child forms a letter to promote muscle memory and correct writing habits.

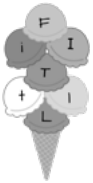
Active Phonic

Each letter includes an example word and an action to help the child connect the letter to its phonetic sound. For example, say the letter name and sound "A /a/" while performing the action and saying the word "apple." This objective is essential for building pre-reading skills.

Optional: Letter and Number Books

The *My First Steps to Math* and *My First Steps to Reading* series by Jane Moncure are the best books I have found for teaching numbers, letters, and phonetic sounds. Although these books are no longer in print, I highly encourage you to search for them at public libraries, on Amazon, Ebay, or in used book stores—they are that good! Each book is titled *My ___ Book* and should be read alongside the corresponding week's letter and number.

Ice Cream Cone and Chant



Create an Alphabet Ice Cream Cone (or Sundae) by adding the lesson's letter(s) to the cone each week. Cut out ice cream scoops from the Ice Cream Cone template provided in the 4 Year Activity Book, using various colored construction paper. Write the letters of the week on the scoops. Display the cone (or sundae) on the wall, and each day, count the scoops (up to 31), review colors, or say the letter, its phonetic sound, or a phonic word that starts with that letter (e.g., L /l/ lion). By the end of the year, the ice cream cone or sundae will contain 52 scoops of colorful lowercase and uppercase letter! To aid phonological awareness, each week use the Ice Cream Chant to help the child learn how words change based on the letters in them. Add the letter of the week before "ummy." Laugh together about the silly words you create. *Ice cream, ice cream, Yummy, yummy, ice cream*

Themes

Weekly themes are included in the *4 Year Curriculum* to introduce the child to the world around them through use poems, math, and science.

Poems

Phonological Awareness

Phonological awareness—the ability to hear, identify, and manipulate sounds—is critical for reading and spelling success. In the *4 Year Curriculum*, this important skill is introduced each week through fingerplays, themes, poems, and books.

Although these activities may seem silly to adults, they are both fun for the child and essential for early literacy development. Rhyming helps the child hear and play with sounds in words, improves oral language skills, and builds a strong foundation for reading fluency and comprehension. As the child becomes familiar with poems and books, they begin to anticipate rhyming words and recognize the rhythm of language.

Children develop phonological awareness at their own pace. As rhymes and syllables are introduced and discussed over time, this growth typically happens naturally.

The Poem Digital Download Packet, included in the Bundle, is a useful tool for posting and practicing poems. The visuals are especially helpful for children from diverse backgrounds or with vocabulary delays, helping them connect words to images.

Math/Science

Under the Math/Science objectives, the child will be introduced to foundational concepts such as colors, shapes, spatial words, seasons, senses, and more. The child will also learn to write numbers 0–9. These concepts are often connected to the week's theme.

Name

In the ***3 Year Curriculum*** the child learned to recognize, order the letters, and trace their first name on 3" letters. The ***4 Year Curriculum*** picks up from here with the goal that the child will be able to write his name on 1" lined paper.

Curriculum Guide Sample

Books

Experts agree that children should be read to for at least 15 minutes a day. Each week the child will be introduced to a quality picture book to supplement other learning and provide pre-reading exposure. Read the selected book at least once daily for maximum learning. "When young children hear the same story, song, or phrase repeatedly, their brains are actually building and strengthening neural pathways. These connections—formed through repeated, familiar experiences—lay the foundation for memory, language development, and deeper understanding."
Melissa McCall at MovingLittleMinds.com

Example Weekly Reading Schedule

Day 1: Picture Walk
Before reading, guide the child through a "picture walk." Look through the illustrations together and predict what the story might be about. Encourage the child to describe what they see and make guesses about the plot. This helps build excitement for the story, improves comprehension, stimulates creativity, and teaches children to use visual cues as a reading tool. Learn more in the QR code.

Day 2: Read with Expression
Read the book aloud with excitement and animated voice changes. Use facial expressions and tone to bring the story to life and keep the child engaged.

Day 3: Vocabulary
Each week I have selected words from the books that the child may or may not be familiar with. These words are purposefully chosen to expand the child's vocabulary, especially for dual language learners. For each word, provide extra context to help the child understand its meaning. Introduce more or less words based on the child's exposure and interest.

Day 4: Make Connections
While reading, connect the story to the child's own experiences. Ask questions like, "Have you ever felt like the character?" or "When have you done something similar?"

Day 5: Summarize the Story
Help the child retell the story by identifying what happened at the beginning, middle, and end. Encourage the child to use their own words and point to illustrations for support if needed. Being able to determine the key points is a crucial learning step.

Additional Ideas

The ABCJLM website is filled with additional ideas that space doesn't allow to be added to this Curriculum. Scan the weekly QR codes for more information, videos of songs, and teaching tips.

Development

Fine and Gross Motor Activities

Fine motor skills involve the ability to manipulate small objects and write, while gross motor skills focus on large muscle movements like running, jumping, and hopping. Both types of skills are important for pencil control, balance, and coordination. Each Lesson Plan includes activities to strengthen both skills.

Children develop fine motor skills best when they work on a vertical surface. While holding a writing utensil or brush against a vertical surface, muscles in the wrist and hand are strengthened. These same muscles are not used when writing on a horizontal surface. For this reason, place craft, writing, and drawing projects on a vertical surface as much as is feasible (i.e. on an easel, wall, or door). Instead of using markers and pens, use broken crayons and short pencils to better support muscle development.

Visual Perception Activities

Each Lesson Plan in the ***4 Year Curriculum*** includes a visual perception activity. Visual perception refers to how the brain interprets what the eyes see, and accurate perception is essential for reading and writing. These activities not only help address visual perception issues but also strengthen the connection between the brain and eyes. Some activities may be challenging for the child, while others may be easier. Additional activity sheets can be purchased through the ***ABCJLM Visual Perception Curriculum*** to provide further support. Link in the QR code.

Intentional Play

Throughout the Lesson Plans, Intentional Play ideas are included to help you naturally weave learning into play. These suggestions often work well as learning centers activities.

	Day 1	Day 2	Day 3	Day 4	Day 5
Bible					
Character					
Writing/ Phonics					
Theme					
Math/ Science					
Book					
Development					

Daily Schedule

The Daily Schedule organizes activities across a 5-day week. Activities are typically done at table time, centers, or outside. Adjust this sample schedule to fit your needs. If you prefer a schedule shorter than five days, see the examples provided through the QR code.

To start, consider spreading the Week 1 Lesson Plan over 2–3 weeks. This extra time allows for assessment, helps establish routines, and sets clear expectations, creating a smoother learning experience for the child.

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For Review Purposes Only

4 Year Curriculum - Week 1

Supplies

Activity Sheets:

- ☐ Writing 1
- ☐ Ice Cream Cone
- ☐ My First Day of Preschool
- ☐ Noah's Ark
- ☐ Cut Lines
- ☐ Assessment

Books & Stories:

- ☐ *The Beginner's Bible* pg 26
- ☐ *My Hands-On Bible* - pgs 26, 30
- ☐ ABCJLM Interactive Bible Story
- ☐ *Big Thoughts* - L, Z *(Optional)*
- ☐ *My "I" Book (Optional)*
- ☐ *My One Book (Optional)*
- ☐ *Pete the Cat: I Love My White Shoes*

Activities:

- ☐ Broken Crayons
- ☐ Colored Items with Color-Coded Containers
- ☐ Colored Pencils (Short)
- ☐ Construction Paper
- ☐ Flashcards (Colors)
- ☐ Glue
- ☐ Notecards
- ☐ Paint (Brown, Rainbow Colors)
- ☐ Paint Brush
- ☐ Paper (Large Sheet)
- ☐ Safety Scissors
- ☐ Supplies for Assessment
- ☐ Twister Game Mat (Optional)
- ☐ Wall Chart

Bible

Teach: Noah's Ark

Genesis 6:5-9:17

Teach Memory Verse:

James 1:22a (NLT)

Tune: London Bridge
Don't just listen to God's Word
(shake head, point to ear)
To God's Word, to God's Word
(form book with hands)
You must do- what it says
(point, shout "What it says")
James 1:22
(form book with hands, 1 finger, 2 fingers)

Teach Bible Song: Rise and Shine

Traditional
Rise and shine
(with palms up raise arms in the air, palms in air)
And give God the glory, glory
(wave arms over head)
Rise and shine
And give God the glory, glory
Rise and shine
And give God the glory, glory
Children of the Lord (continue to wave arms)

Teach: Books of the Bible

Introduce the child to the first 8 books of the Bible: Matthew - 2 Corinthians. The New Testament Song, included in the Bible Song Packet, can be watched by scanning the QR code.

Activity: Noah's Ark

See Fine Motor Activity

Character

Teach: Obedience

Definition: Doing what you are told, right away, and with a happy heart without being reminded

Opposite: Defiant, rebelling

Teach: Discussion

Using the definition of obedience, discuss with the child what obedience is and is not. Throughout the day, look for opportunities to acknowledge when the child is obeying like Noah. Discover more ideas in the QR code.

Activity: Beautiful Feet

Use a paint brush to apply paint to the bottoms of the child's feet, then help the child press their feet onto a large sheet of paper to create footprints. *Adult: Add the title "Beautiful Feet" at the top of the paper.* You may also include footprints from family members or classmates to make it a group activity. As you work, talk with the child about how feet can be "beautiful" (Romans 10:15) when they are used to obey God—just like Noah obeyed by doing what God asked him to do.

Classroom Centers

Preschool: Children learn best through play. Any underlined activity (like the two listed this week) may be used as a learning center in the classroom. Centers offer hands-on, play-based opportunities where the child guides the learning. Discover more in the QR code.

SCAN ME

Curriculum Guide Sample

Curriculum Guide Sample

4 Year Curriculum - Week 1

Writing/Phonics

Letters: Ll

Teach Active Phonics:
L /l/ lick
Stick out tongue slightly and pretend to lick an ice cream cone.

Teach Formation Chant:
L - body, leg
l - body

Number: 1

Teach Formation Poem:
Straight down and then you're done.
That's the way to make a one.
Original Source Unknown

Activity: Writing

Cut apart the l, 1, and L sections of Writing 1 sheet. Follow the child's lead and guide the child through as many steps of the 5-step writing process as the child can complete successfully. Use broken crayons or short colored pencils. Focus on confidence and correct form rather than completion.

Misc Learning

Teach Activity Name: Yes or No

Write the child's name on a notecard, using an uppercase letter for the first letter and lowercase letters for the rest. Each week, ask if the Letters of the Week appear in the child's name. You can also include names of family members or classmates by writing each on a separate notecard. Create a wall chart titled "Is the letter ___ in your name?" with two columns labeled Yes and No. Place each name card in the appropriate column based on whether the Letter of the Week appears in that name. Repeat this activity each week. Learn more by scanning the QR code.

Theme

Colors of Ice Cream

Teach Poem: Where is ___?
Tune: Are You Sleeping?

Where is blue? (start with hands behind back)
Where is blue?
Here I am (bring right blue block to front)
Here I am (bring left blue block to front)
How are you today, sir?
Very well, I thank you (wiggle blocks as if they are "talking" to each other)
Run away (hide right hand behind back)
Run away (hide left hand behind back)

Activity: Colored Blocks

Give the child two same-colored blocks to hide behind his back while saying the poem. Substitute in other colors (black, red, brown, white, purple, yellow, blue, orange, green) showing the colors on blocks as you say the poem.

Activity: Intentional Play

Provide the child with blank paper, a variety of paint colors, and different types of brushes to explore and experiment with color.

Ice Cream Cone

Teach: Ice Cream Chant
Ice cream, ice cream
Lummy, lummy, ice cream

Adult: Create ice cream scoops from the Ice Cream Cone activity sheet for the letters "L" and "l" to add to your cone. Count the number of scoops, review the colors, or state the letter names and phonics. Also say the Ice Cream Chant for the week's letters. Continue each week by choosing different scoops to review, remembering that while repetition can feel boring to adults, it is essential for a child's learning.

Math & Science

Teach: Colors

This week's focus is on colors: black, red, brown, white, purple, blue, orange, green, yellow. Talk about colors in all of the activities as well as in the child's play and daily activities. If the child has not been introduced to colors prior to this Curriculum, focus on one color per week using only that color in all craft and writing activities. The ABCJLM website contains poems, books, and activities for each color in the QR code.

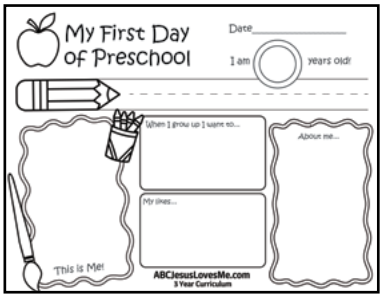
Activity: Intentional Play

In a center or play station, provide the child with small items (pom-poms, bears, buttons) in various colors and color-coded containers.

1st Day

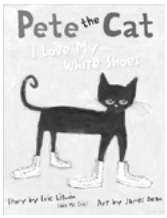
Activity: My First Day of Preschool

Celebrate the beginning of learning with the My First Day of Preschool activity sheet! Invite the child to draw a picture of himself, then complete each information section adding the child's responses. Snap a photo of the child holding the finished sheet, and don't forget to tag #ABCJesusLovesMe or @ABCJesusLovesMe when sharing on social media!



4 Year Curriculum - Week 1

Book



Pete the Cat:
I Love My White Shoes
by Eric Litwin

Teach: Picture Walk

Picture walk through the book prior to reading and discuss the color of Pete's shoes throughout the story.

Teach: Vocabulary

puddle
moral (lesson)

Teach: Character

Pete could have gotten discouraged when troubles came his way, but he continued to be joyful.

Tip: Classroom Centers

Preschool: Children learn best through play. Any underlined activity (like the two listed this week) may be used as a learning center in the classroom. Centers offer hands-on, play-based opportunities where the child guides the learning. Discover more in the QR code.

Development

Fine Motor Activity: Ark Craft

Adult: Cut apart the five pieces on the Noah's Ark activity sheet.
Day 1: Paint the boat brown. (Noah builds the boat)
Day 2: Paint the water blue. (God sends the rain)
Day 3: Paint the rainbow with rainbow colors.
(God provides a rainbow)
Day 4: Glue each piece on a piece of construction paper.
Idea from Jessica

Gross Motor Activity: Twister

Adapt the traditional game of Twister to help preschoolers practice color recognition while engaging in active play. Lay a Twister mat flat on the floor, or arrange colored circles in a similar pattern. Make sure there is plenty of space for the child to move safely. Call out a color, and have the child find and stand on that color. Use basic colors such as black, white, blue, brown, green, yellow, orange, red, and purple. As the child moves, encourage saying the color aloud. For added fun and movement, invite the child to touch the color with different body parts like a hand, elbow, or toe. In preschool settings, remind children to respect each other's space while playing.

Visual Perception Activity: Scissors Use

Instruct the child to cut along the lines on the Cut Lines activity sheet. Remind the child to use the dominant hand for cutting while the other hand moves the paper. Watch that the elbows stay close to the body and the thumbs point upward. If possible, spread the activity over several days by cutting just a few lines each day. Scan the QR code for more tips.

Assessment

The 4 Year Assessment is designed to evaluate what a child knows at the beginning of the *4 Year Curriculum* and to monitor progress throughout the year. The assessment should be completed three times—during Weeks 1, 19, and 36—and is most effective when done one-on-one. Assessment sheets can be found in the Activity Book. Scan the QR code to learn more info and for a supply list.

Activities	Day 1	Day 2	Day 3	Day 4	Day 5
Bible/ Character	Read	Interactive Story	Review	Retell/Beautiful Feet	Comprehension Questions
Writing/ Phonics	Letters/My First Day	Number	Writing	Ice Cream Cone	Writing
Theme/Math & Science	Colored Blocks	Assessment	Intentional Play	Assessment	Intentional Play
Book	Picture Walk	Read with Expression	Vocabulary	Make Connections	Summarize
Development	Ark: Paint/ 1st Day	Ark: Paint/ Twister	Ark: Paint	Ark: Glue/ Twister	Scissors Use

Most activities may be completed in any order and this is provided as a suggestion. Select the options that best fit the child's needs and your setting—it is not required to complete every activity. Multiple choices are included to offer flexibility, address varying developmental levels, and support children who are dual language learners.

Curriculum Guide Sample

4 Year Curriculum - Week 2

Supplies

Activity Sheets:

- ☐ Writing 1
- ☐ Ice Cream Cone
- ☐ Color Tracking 1

Books & Stories:

- ☐ *The Beginner's Bible* pg 34
- ☐ *My Hands-On Bible* pg 34
- ☐ ABCJLM Interactive Story
- ☐ *Big Thoughts* - **I,** P
- ☐ *My "i" Book*
- ☐ *Mouse Shapes*

Activities:

- ☐ Blocks (Various Shapes)
- ☐ Broken Crayons
- ☐ Cardstock
- ☐ Color Pencils
- ☐ Game or Ball
- ☐ Painter's Tape
- ☐ Safety Scissors
- ☐ Toy Cars

SCAN ME

Bible

Teach: Tower of Babel

Genesis 11:1-9

Teach Memory Verse: 1 Peter 1:13a (NLT)

Tune: If You're Happy and You Know It
So prepare your minds for action
and exercise, self-control!
(raise fist and shout)
So prepare your minds for action
and exercise, self-control!
First- Peter 1:13 (form book with hands)
First- Peter 1:13
So prepare your minds for action
and exercise, self-control!

Teach Bible Song: O Be Careful

Traditional
O be careful little eyes what you see
(point to eyes)
O be careful little eyes what you see
For the Father up above (point up)
Is looking down in love
(put hand to forehead and look down)
O be careful little eyes what you see

Additional Verses:
...little hands what you do
...little feet where you go
...little ears what you hear
...little mouth what you say
...little mind what you think

Teach: Books of the Bible

Continue working on the books Matthew - 2 Corinthians. The New Testament Song is included in the Bible Song Packet and a video can be seen by scanning the QR code.

Activity: Silent Tower

Having the child sit beside you, explain that you're building a tower together with blocks. The child is the foreman and gives directions while you build. Halfway through, tell the child he may no longer speak and must only point. Pretend to misunderstand to show how hard teamwork can be without clear communication. Tie the activity to the Bible story and discuss the shapes of the blocks.

Group Activity: Take turns allowing each child to direct you where to place a block, either with words or gestures.

Character

Teach: Humility

Definition: Considering others ahead of yourself, serving

Opposite: Pride, arrogance

Humility is the opposite of pride. It puts the focus on what God is doing and how one can serve others. Having a teachable spirit is also a sign of humility.

Teach: Ask for Forgiveness

Showing humility means admitting when you've hurt someone and asking for forgiveness. Use this four-step guide to teach a child how to apologize:

1. Say sorry for exactly what was done.
2. Explain why it was wrong.
3. Suggest a better choice for next time. For example: "Next time I'll wait until you're ready to share."
4. Ask the person to forgive you.

Scan the QR code for more tips.

Activity: Sportsmanship

Winning and losing give a child a chance to practice humility. Play a board game or a simple rolling-a-ball activity as a friendly competition. If the child doesn't win, help them say "Good job" and celebrate the other person's success. If the child does win, guide them to accept the win gracefully by thanking the other person for playing.

Misc Learning

Teach Name: Yes or No

As in last week, continue to answer the question "Is the letter _____ in your name?" Continue this activity each week.

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Writing & Phonics

Letters: Ii

Teach Active Phonics:
I /i/ itch
Gently scratch the arm.

Teach Formation Chant:
I - body, roof, floor
i - down, dot

Activity: Writing

Cut apart the **I** and i sections of Writing 1. Follow the child's lead and guide the child through as many steps of the 5-step writing process as the child can complete successfully. Focus on confidence and correct form rather than completion.

Teach: Ice Cream Cone

(Always use short vowel sounds.)
Ice cream, ice cream
Immy, immy, ice cream

Create ice cream scoops for the letters "**I**" and "i" to add to your cone. As the child adds each scoop, count how many there are. Talk about the colors of the scoops, say the letter names, or practice the letter sounds. Repeating these steps helps the child learn and remember more effectively!

Activity: Intentional Play

Provide the child with a variety of shaped blocks for stacking and building. Encourage the child to create ramps, bridges, tunnels, and other structures. Then add toy cars for the child to drive through, over, under, and around the structures. As the child plays, discuss the block shapes and name spatial directions being used.

Theme

Shapes in My World

Teach Poem: Where is _____?

Tune: Are You Sleeping? Traditional
Where is square?
(start with hands behind back)
Where is square?
Here I am (bring right square block to front)
Here I am (bring left square block to front)
How are you today sir?
Very well, I thank you (wiggle cards as if they are "talking" to each other)
Run away (hide right hand behind back)
Run away (hide left hand behind back)

Activity: Shape Blocks

Give the child two blocks of the same shape and have the child hide them behind their back and reveal while saying the poem. Then switch out the shape words and blocks with others like oval, heart, rectangle, triangle, circle, square, star, or diamond. Show the matching blocks for each shape as you say the words to help the child see and hear the shape name together.

Teach Poem: A Shape Is Like...

Tune: If You're Happy and You Know It
A circle's like a wheel, it's a circle
A circle's like a wheel, it's a circle
A circle's like a wheel,
So put it on your heel
A circle's like a wheel, it's a circle

A square's like a box... so put it on your socks
An oval's like an egg... so put it on your leg
A heart shows us love.... so put it up above
A triangle's like pizza... so eat it like a cheetah
A rectangle's like a door... so put it on the floor
A star's like a star in the sky...
So put it way up high
A diamond's like a kite... so hold it very tight

Activity: Shape Blocks

Give the child a shape blocks to hold while singing the rhyming song. Do the actions as stated in the poem.

Math & Science

Teach: Shapes

This week's focus is on shapes: oval, heart, rectangle, triangle, circle, square, star, and diamond. Talk about these shapes throughout all activities, during play, and in everyday moments. Shapes matter—not just for drawing—but because letters and numbers are made of shapes. A child needs to be able to tell shapes apart before being able to distinguish between letters like "A" and "O."

It's very normal for a child to still mix up a few shape names when entering kindergarten, so don't worry if that happens. Just keep pointing them out and talking about them week after week—eventually, it will click! If the child is just now being introduced to shapes, it's best to start with one shape per week to build a strong foundation. Shape activities, songs, and books are available in the QR code.

Activity: Shape Fill

Provide the child with multiple small shapes: oval, heart, rectangle, triangle, circle, square, star, and diamond.

Have the child choose one shape at a time. Ask the child to name and describe the shape, then place it on a piece of construction paper.

Encourage the child to fit as many shapes as possible inside the large shape without overlapping. When finished, count how many of each shape were used and the total number.

Repeat the activity and encourage the child to place shapes carefully so more will fit next time.

As with many of the activities in this Curriculum, this activity can be done one-on-one, in a center, or as a group.

Curriculum Guide Sample

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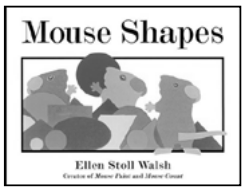
4 Year Curriculum - Week 2

Book



Mouse Shapes
by Ellen Stoll Walsh

Teach: Vocabulary

hurry
tricky
pounced
sneaky
clever
scaredy-cat

Activity: Illustrations

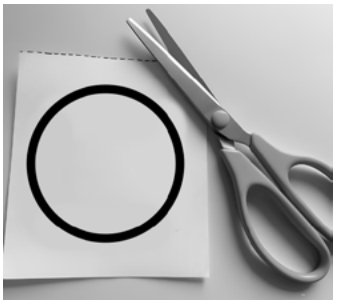
Spend an ample amount of time looking at the shapes the mice used to create such objects as a house, tree, and wagon. Ask the child, "What shapes did the mice use to make the _____."

Activity: Mirror Shapes

Provide the child with various shaped blocks. Mirror the objects that the mice created and then encourage the child to create his own.

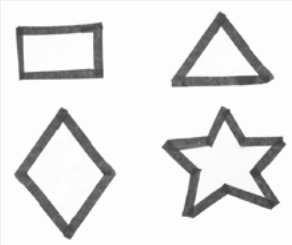
Development

Fine Motor Activity: Scissors Use



Adult: On cardstock paper, draw one large circle and one large square using thick, bold lines. Cut around each shape loosely to separate them. Give the child one shape to work with. First, have the child trace the shape using a broken crayon. Then, use safety scissors to cut along the lines. As the child cuts, remind them that the dominant hand should hold the scissors and do the cutting, while the other hand moves the paper. Also, watch to make sure the child's elbows stay close to the body and don't point outward while cutting. Learn more in the QR code.

Gross Motor Activity: Shape Walk



Use painter's tape to make large outlines on the floor of a rectangle, triangle, diamond, and star. Call out a shape and have the child walk, crawl, or hop to the shape. If the child is ready, have him identify the shape and then walk toe to heel along the edges of the shapes.

Visual Perception Activity: Color Tracking

Adult: On the Color Tracking 1 activity sheet, use the corresponding colored pencil to underline each color word. This helps the child connect the written word with the color it represents. Give the child small colored blocks to use as markers. Teach the child to place one colored block at a time, moving from left to right and top to bottom—just like reading. At the end of the week, invite the child to color the shapes on the activity sheet using broken crayons.

Activities	Day 1	Day 2	Day 3	Day 4	Day 5
Bible/ Character	Read/Silent Tower	Interactive Story	Review	Retell/ Sportsmanship	Comprehension Questions
Writing & Phonics	Letters		Writing	Ice Cream Cone	Writing
Theme	Intentional Play	Shape Blocks	Intentional Play	Shape Blocks	Intentional Play
Math & Science	Shape Fill	Shape Fill			Shape Fill
Book	Picture Walk	Read with Expression	Vocabulary/ Illustrations	Make Connections	Summarize/ Mirror Shapes
Development	Scissors Use	Color Tracking	Shape Walk	Scissors Use	Color Tracking

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Activity Sheets

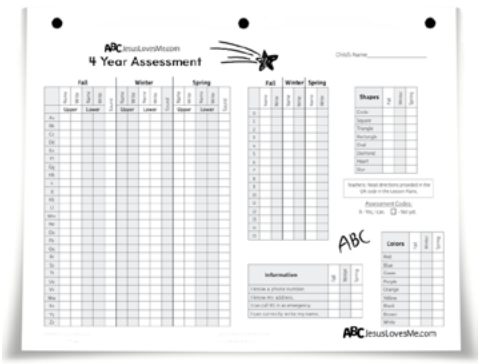
"Tell me and I forget. Teach me and I remember. Involve me and I learn." – Benjamin Franklin

Overview

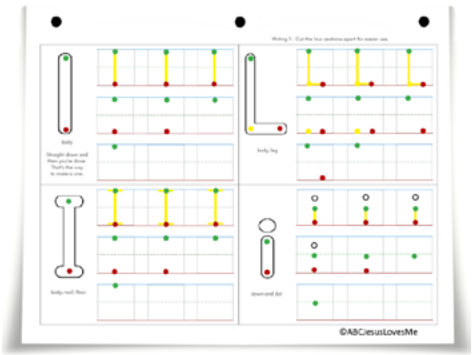
When used as designed, the ***4 Year Activity Book*** deepens the child's understanding of both academic and biblical concepts. The activity sheets also support the development of fine motor skills, core strength, and visual perception while providing hands-on, process-focused art experiences. Assessment checklists are included to help adults track the child's progress, identify areas of growth, and ensure that learning goals are being met. Sample activity sheets are shown below.

Bible

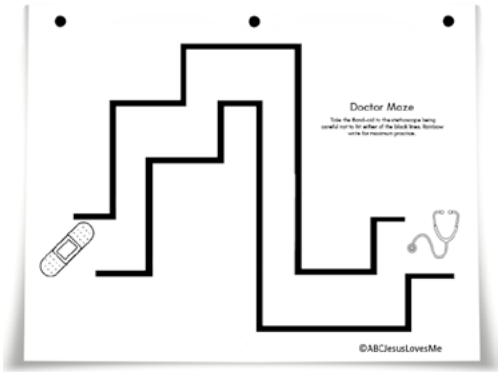
Assessment



Letters and Numbers



Visual Perception



Order at ABCJesusLovesMe.com

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Digital Downloads

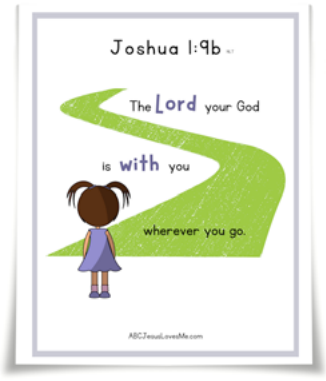
"Children learn as they play. Most importantly, in play, children learn how to learn." – O.F. Donaldson.

The ***Curriculum Guide*** and ***Activity Book*** are printed and mailed to you, while the remaining items in the Bundle are provided as colorful digital downloads for you to print as needed. Learning packets offer versatility with both full-page posters (8.5x11") and portable travel cards (3.75x5"), making it easy to support learning at home, in the classroom, or on the go. These materials are ideal for teaching, displaying, and practicing the concepts.

Bible Songs

Poem Packet

Memory Verses



Letter & Number Posters

Order at ABCJesusLovesMe.com

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4 Year Curriculum

Week 18: Jesus is Born

Character: Hope

Supplies

- ☐ Bible
- ☐ Wrapped present

Flannelgraph*

- ☐ Water/Sky Board with Land, S4
- ☐ Indoor Board with Window 230A, Stable Posts 199A/199B, Manger 238
- ☐ Innkeeper - 21
- ☐ Joseph - 20
- ☐ Mary/Baby - 103
- ☐ Donkey - 154
- ☐ Inn/Roof - 202
- ☐ Stool - 233
- ☐ Animals and Manger - 238, 238A

**These optional felt pieces work with the Betty Lukens Flannelgraph set. Italicized words show actions, and underlined words indicate when to add a piece.*

Story: Luke 2:1-7

Water/Sky Board

At Christmas and on a birthday, we receive gifts. Raise your hand if you have received gifts. Today's true Bible story is about a very special gift from God.

The angel Gabriel appeared to Mary and said, "Greetings! The Lord is with you." Pretend to be an angel and tell Mary "Greetings!" Greetings! Mary was very confused. Show me a confused face.

The angel said, "Mary, you are going to have a baby. You will name the baby Jesus. He is the Son of God." Mary said, "This is impossible." The angel said, "Nothing is impossible with God." Mary said, "I am the Lord's servant." Mary was saying that she would do whatever God wanted her to do.

Mary and Joseph had to travel to Bethlehem. The ruler, Caesar, ordered everyone to return to the town they were born in to be counted. Mary and Joseph had to walk or ride a donkey for many days to get there. Stand up and pretend to be a donkey. Hee-haw. Have a seat.

When Mary and Joseph arrived in Bethlehem, there were so many people that all of the inns - or hotels - were full. "No room!" said one innkeeper. "Nope, no room!" said another one. "No, we are full!" said one more.

At last, one innkeeper said, "You can sleep in my stable."

Indoor Board - Add Mary, Joseph, stool, and donkey.

A stable is a barn for animals to eat and sleep. While Mary and Joseph were in the stable, baby Jesus was born. Mary wrapped Jesus in cloth and laid Him in a manger, the place where the animals eat. Help me wrap baby Jesus in cloth and lay Him in the manger.

Finally, the best gift of all was here - Jesus.

After baby Jesus was born, Mary and Joseph were so happy. Baby Jesus brought hope to everyone. Hope means we can trust God, even when we are scared or when we wait. God gave Jesus to show His love for all people.

Interactive Bible Story Sample
Week 18

Comprehension Questions:

- What did the angel tell Mary?
- Where did Mary and Joseph have to travel to?
- Where did Mary lay baby Jesus?
- What kind of noises would you hear in a barn?
- If you had to sleep in a barn, where would you sleep?

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FAQ

"Quality questions create a quality life. Successful people ask better questions, and as a result, they get better answers." –Anthony Robbins

Is the learning the same for each Curriculum?

Each Curriculum includes a unique selection of learning objectives, Bible stories, and themes because most preschools and homes use at least four of the five curricula. If the the main objectives were repeated, children would only experience 28 objectives multiple times. By offering a broad range of age-appropriate learning, the Curricula ensure children are exposed to diverse learning experiences that promote growth in academics, Bible understanding, and overall development.

How do I teach this if it's all new to me?

The Intro and each Lesson Plan include a QR code that links to additional information, song videos, and teaching tips to guide you each step of the way.

What about holidays?

Since the Curriculum may be started at any time, holiday activities aren't included in the Lesson Plans. To ensure a complete understanding of the Bible, the Christmas story is taught in Week 18 and the Easter story in Week 32. Free and paid holiday activities are available on the ABCJesusLovesMe website and can be added to the Lesson Plans whenever desired.

Can I make the Curriculum shorter or longer?

This Curriculum includes 36 weekly lessons, but the schedule is flexible. Lessons can be shortened, extended, or combined to fit your needs. Many users extend weeks around holidays to include seasonal activities. See example schedules.

Can ABCJesusLovesMe be used in a school or church?

ABCJesusLovesMe Curricula and products are used in homes, schools, daycares, and churches worldwide. Licenses are available for non-family use, and active licenses are required for continued use. Visit the website for full details.

What if I have questions?

The active ABCJesusLovesMe Facebook group is a great place to gather ideas and ask questions. Heidi is also available via LiveChat on the ABCJesusLovesMe website and by email to answer questions, brainstorm, and support your success. Preschools can schedule a demo for a Q/A session.

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Helpful Links

"Start children off on the way they should go,
and even when they are old they will not turn from it." – Proverbs 22:6

Which Curriculum to Choose

ABCJesusLovesMe.com/which-curriculum-do-i-choose/

The ABCJesusLovesMe Difference

ABCJesusLovesMee.com/what-sets-abcjesuslovesme-apart/

Supply List

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