

# 5 Year Developmental Guide

## Physical

- runs lightly on toes
- walks on balance beam
- skips, jumps, hops with good balance
- jumps rope
- begins to skate and swim
- kicks a rolling ball
- walks backwards
- stands on one foot with eyes closed
- swings and climbs

## Drawing & Cutting

- cuts out simple shapes
- draws triangle and diamond
- copies first name
- colors within lines
- has tripod grasp of pencil
- has handedness well established
- pastes and glues appropriately
- draws person with 6 body parts
- writes some ABC's

## Speech

- 6-8 word sentence length, all parts of speech
- vocabulary of about 2000 words
- can tell what objects are made of
- uses all types of sentences
- knows address and phone number
- get along well with parents
- talk about day's activities
- answer questions about a book after reading
- uses and recognizes simple rhymes
- asks deeper questions
- can answer "why" questions

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## Sensory & Thinking Skills

- knows right and left hand
- understand commands with multiple instructions
- curious about real facts about the world
- have good manners
- follow rules and take turns
- wants to be like friends
- says "I'm sorry" when makes mistakes

## Cognitive

- recognize and recite alphabet
- knows at least 4 colors
- knows days of week and month
- can name coins
- count to 10
- recognizes name in print

## Personal Care

- tying own shoes
- buttoning own buttons
- helps with chores around house
- uses knife to spread soft foods

## Be Watchful for...

- hearing problems
- trouble following directions
- difficulty having a conversation
- poor vocabulary growth
- trouble asking or answering questions
- trouble learning preschool concepts (colors)
- stutters
- unclear speech